



# Purple Heart

M A G A Z I N E

March/April 2019



## Invisible Wounds of War



# Purple Heart Magazine®

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HELPING OUR COMBAT WOUNDED WARRIORS & THEIR FAMILIES



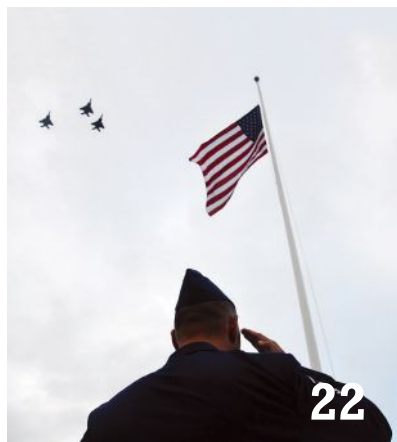
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### MOPH MISSION STATEMENT

THE MISSION OF the Military Order of the Purple Heart is to foster an environment of goodwill and camaraderie among Combat Wounded Veterans, promote Patriotism, support necessary legislative initiatives, and most importantly, provide service to all veterans and their families.

### MOPH VISION STATEMENT

"MOPH is to undertake a Pro-Active Representation in all forums of public opinion that will consistently seek to improve the status and stature of its Veteran Members, their dependents, families and survivors."

### ADVERTISEMENT POLICIES

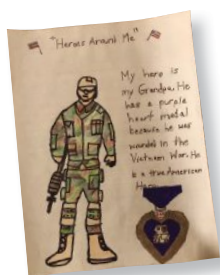
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### MATERIAL SUBMISSIONS

Article, photos, or comments for publication in the *Purple Heart Magazine* should be e-mailed to: [MagazineEditor@purpleheart.org](mailto:MagazineEditor@purpleheart.org)



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Cover Photo Source: <http://www.wxu.org/post/exploring-human-toll-traumatic-brain-injuries#stream/0>



## Building the Membership Roster is Vital

**O**UR FUTURE LIES WITH NEW MEMBERS. I'm currently in San Antonio meeting with the fellow veterans that enjoy the Affinity Programs developed by USAA. It's a great networking opportunity getting to meet other organizations, sharing our common principles and strategies while suggesting powerful complementary partnerships that enhance each party's objectives. The discussions led by the USAA Affinity team were handled in an excellent manner, very professional and informative. We discussed branding, how to tell our story, how to convey our primary benefits, how to engage and deliver the Purple Heart brand, how to build on our credibility, how to remain relevant, to focus on our uniqueness and how to remain durable over the long haul.

We have a long way to go in getting the right message out to America. But we have the best story to tell, with one of the strongest brands in America to use as a launching pad, the Purple Heart medal. Our story is the most impactful of all of the military/veteran programs, in my opinion, when we are compared to other organizations. Now it's time we raise the Purple Heart to the high level we deserve.

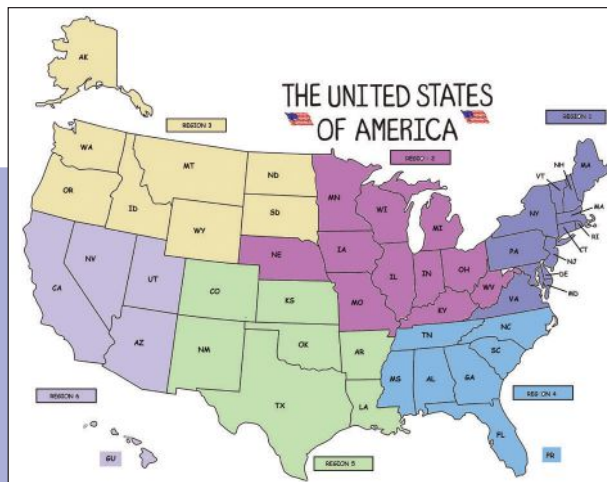
We have engaged with a public relations firm, mostly pro-bono, to work on our delivery of the MOPH message. They are also working social media so that we can get our story out to the younger generations and bring those Purple Heart recipients into the Order. We are engaging with Facebook, Instagram, Twitter, LinkedIn and other options. The Post-Vietnam Recruitment Committee is looking into additional ways of engagement with the post-Vietnam vets. It is difficult to attract the younger Purple Heart recipients, in that they are so busy raising their children, with all the obligations that entails, paying the mortgage, building careers and keeping the marriage/family stable. The younger vets don't have the time to be thinking about their Purple Hearts. But we will keep reaching out to them because they eventu-

ally will join us in our mission, when they are ready. We will be standing by for them, creating the emotional pull, making our story relevant, sensitive to their point of view. Through the brotherhood of the MOPH we will eventually build the membership numbers.

We will be running a major recruitment ad soon in the *Military Times*. We are speaking with a major website, [www.togetherweserved](http://www.togetherweserved), which has offered its help by reaching out to their thousands of Purple Heart recipients. The American Military Society ([www.amsmilitary.org](http://www.amsmilitary.org)) is willing to help as well, as is the USO. For the first time, we are working on combined efforts with other military organizations to enrich our mission. They are eager to help out country's combat-wounded veterans.

And it's clear that major corporations like USAA, FedEx and Juul Labs are gaining interest in the MOPH, as are high-net-worth individuals.

It's our time. Over the next 90 days we will see real progress. I'll have good news to report. We are getting attention now, more than ever, as we seek funding and the stability we deserve. We will keep our heads down, learn from our past, but not look back. We will keep moving forward, like the true warriors we all are. ✧



(Address changes, obituaries, subscriptions)



## What Trust Means to a Combat Veteran

**A**NY COMBAT VETERAN WILL TELL YOU that in order to survive in combat you must **TRUST** your team members. What is the definition of the word: **T**ruthful, **R**eliable, **U**nselish, **S**afety, & **T**eam? From the first day we entered the military, trust was drilled into us at all phases of our training. When you break down the word TRUST, it is an easy word to say, but it must be earned, and is an important part of the military environment.

**Truthful:** Always give an answer to the question, but never start your response with these words: “I think,” “maybe” or “why.” In the service we were instructed to respond with a positive and truthful response. Always look at the good in every situation, even when things look dismal. In combat a dishonest response could mean the difference between life and death. We were instructed to consider all ideas as good, but to always give an honest and respectful response. It is difficult to say no but it often hurts more when you are truthful, so you may respond yes to avoid an unpleasant situation. It is OK to say no, even when it feels uncomfortable, and remember you are not required to give a reason for your response.

**Reliable:** Is being that person people can count on to follow through on their commitment. In the service, during basic training we relied on each other to survive the strenuous training. If you needed help, you could always count on someone from your company to give you the support to complete your task. In combat calling in air strikes and artillery rounds to protect your position was critical to survival, and you were relying on someone else to place the rounds where they were directed. A “yes man” is a person who avoids an uncomfortable situation, and cannot be relied upon to follow through to complete their assignment, which is extremely important in combat. Your word is your integrity, and when your word is not

believed, you are no longer reliable.

**Unselfish:** Requires the sacrifice of giving of one's self, and caring for others first. This is the most important and hardest part of earning the trust and respect of your team members. In the military the person who does an unselfish act in combat may be labeled a hero, but that is not the reason the act was performed. Just ask anyone who wears a medal with a “V” and they will say, “I was just doing my job.” Being available when you are needed is the right thing to do. It is what we were trained to do. Some of us survived because one of our friends or a person we never met made the ultimate sacrifice, so we could have a future.

**Safety:** Is being in combat and have confidence that someone has your back. Veterans talk about the vigilant conditions needed to survive and maintain a safe environment. We had other means to maintain a safe environment, such as: learned experiences, a point man, dog handlers and their dog's intuition. All of these were tools we used to keep safe. You relied on each other completely. Bonds and friendships were developed because of the closeness required to survive.

**Team:** They always say there is no “I” in Team. To survive in combat you must be a team player, and always work together for the survival of the group. It was drilled into us in all our training that to survive in combat you must work, think and act as one, never leave

anyone behind, know what your objective was, and always complete your task.

We continued to carry this philosophy with us, even after we left the military, and returned to civilian life, and joined the MOPH. We need to work together as a team for the best of the Order, and look for the good in each other, as we sail through some rough waters. It's easy to find the bad in anything or anyone, but it takes a team player to

focus on the good when things look bad. For us to come through this year on a positive note, we must never leave anyone behind and continue to look at the positive issues, and not dwell on the negative ones. Trust is an important part in everyone's life, and when you can no longer be trusted, you also lose respect. To a veteran trust is everything; once you lose it, it is hard to get it back.

God Bless America and the MOPH. ✧

## National Chaplain's Briefing

by James Miller

### Easter Greetings from the National Chaplain

**W**E NEED TO COME TOGETHER to do everything possible to save the Order. I pray that we work together, putting our differences aside to support and encourage the leadership of the MOPH. I hope that we will stop any disagreements and strive to restore the Order to its greatness. I hate to think that we have let our Order fail on our watch. Let's continue the legacy of honor and respect that has been ours in the past and that we and those before us have shed our blood in order to earn.

Now as we celebrate this coming Easter season, let us all remember His sacrifices to give us new life.

I encourage each of you to enjoy this springtime with your family and friends. May God bless you and the Military Order of the Purple Heart as we work to support and help all veterans.

Should you need any help with spiritual needs, please contact me at any time. ✧



## MOPH MEMBERSHIP TOP RECRUITERS as of February 1, 2019

Member	Chapter	No Recruited	National Service Officer	State	No Recruited
John A Lunkwicz	1513-TX-5	31	NSO Joseph LaRocca	PA	4
Neil Van Ess (PNC)	0366-NJ-1	26	NSO Dave Srock	MN	4
Ryan M Sabinish	7110-MN-2	15	NSO Nickolas Easterling	MI	2
Joseph S Schaler	0159-IL-2	8	NSO Paul Kaiser	MI	2
James D Bracken	1919-TX-5	5	NSO Theresa A Neibacher	NY	1
Kenneth L Teunissen	5355-DK-3	5	NSO Gilbert H Ochoa	TX	1
Brian W Willette	0875-MA-1	4	NSO Troy Westphal	MN	1
			NSO Martha S Yrbarra	TX	1



## Region IV: Stronger Than Ever

IT IS INHERENT IN ALL OF US to help our brothers and sisters to our left and right. As we fought on the battlefield we never hesitated to help each other fight and win. We continue to do that today. When North Carolina, South Carolina, Georgia and Florida were hit by catastrophic hurricanes last year we came together quickly in order to assist those who needed our help.

Homes were leveled and lives changed forever, but all was not lost. With the help of our fellow Patriots, the region overcame adversity and began to rebuild. We did not give anyone a handout but rather a hand up as we stood shoulder to shoulder and helped each other grow stronger.

My own city of New Bern, N.C., was hit hard and I was able to survey the damage and reached out to National Headquarters in order to distribute some of the Emergency Relief Fund. Then Panama City Beach, Fla., was devastated and my team and I went down and met with members of Chapter 794 and the Department of Florida in order to assist them with funding so they could make necessary repairs or pay down their exorbitant hurricane insurance deductibles. I want to personally thank all of the departments, chapters and individuals who donated money for the cause. You all

directly helped these impacted communities.

As we continue to push forward, we continue working to make Region IV 100 percent Purple. We are adding counties and cities to our long list of Purple Heart entities. It is our duty to honor the sacrifice and valor shown by the men and women of our nation who have spilled their blood or given their very lives in the name of freedom. We in Region IV take that duty very seriously.

We recently held our annual Region IV Conference in Valdosta, Ga., and shared ideas and our shared strategic vision. Even as the Order and Service Foundation struggle to work hand in hand, Region IV is stronger than ever. We continue to endeavor to strengthen our bonds of fellowship while at the same time ensuring our fiscal viability, all in order to continue our primary mission of helping all veterans and their families for years to come. ✧

### REGION IV EVENTS

NATIONAL CHAPLAIN Jim Miller received the prestigious Order of the Palmetto award for his selfless service to the State of South Carolina.



CHAPTER 794 COMMANDER Dianne Rich, along with Region IV Commander Lenny Lazzara. Commander Lazzara visited Chapter 794 to survey the hurricane damage and provided funds for emergency relief to affected Patriots.

REGION IV Commander Lazzara surveying the damage in Panama City Beach, Fla. Citizens had lost everything and were living in make-shift tents made up of blue tarps all over the city.



A LOCAL PANAMA CITY BEACH fire station that was decimated in the hurricane.



CHAPTER 400 in Orlando, Fla., helped make DBK Construction and Diamond Resorts both Purple Heart entities.



PATRIOT MIDDLETON give National Purple Heart Trail Coordinator Matt Bridges a crayon during the Region IV Conference. A perfect snack for any hungry Marine.

## REGION IV EVENTS



SUE PENEY, a Gold Star Mother, spoke at the Region IV Conference about the need to honor all Gold Star families and not just mothers.



CHAPTER 524 teamed up with the Purple Heart veterans of Florida in order to distribute three electric wheelchairs to veterans in the area. Rear: Patriot Bill Smith, Air Force Veteran Michael Winslow, National Inspector Richard Hunt.

Front: Patriot Marion Bankhead.



CHAPTER 576 presenting food baskets to 200 veterans and their families. They donated over 600 turkeys to service members and families stationed at Dobbins Air Force Base.



REGION IV Commander opens the annual Region IV Conference by sharing his strategic vision for the region.

You can find more Region IV Events in the News & Gathering section starting on p. 29

## REGION IV EVENTS



## Bringing the Order Into the 21st Century

**V**ISION IS ESSENTIAL FOR AN ORGANIZATION and our beloved Order is no exception. A few weeks ago, I was having a conversation with another Veteran Service Organization (VSO) administrator about the state of Veteran Service Organizations. We discussed our challenges servicing more veterans with less staff and having limited financial resources. I advised my colleague about a study conducted by the Department of Veterans Affairs (VA) and the RAND Corporation. The study addresses the locations and projected migration of the veteran population. I read most of the study and gained a large amount of knowledge about the location of today's veterans and projected migration patterns.

The study's premise is to justify privatizing care for veterans; based on distance from VA medical centers or clinics. I learned VA healthcare medical centers, based on past census data, were influenced by World War II and Korean War Era veterans. The VA system, during that time, met the needs of returning WWII and Korean era veterans and provided care for a large portion of their population. In contrast, when the Vietnam-era veterans returned—with less than welcoming greetings—the previous era failed to accommodate for the rising number of disabled veterans that would need assistance transitioning back into society. During the 1970s, Congress debated and reduced benefits for veterans over the decades, and the same Congressional members lobbied the VA for placement of hospitals and VA Regional Offices for economic reasons. The 2008 economic recession is a contributing issue today in consideration with the migrating veteran population because nowadays, most veterans reside near major cities.

In response to these demographic changes, VSOs are scrambling to solve workload problems. The new veterans are filing claims online and before exiting active service. Like Vietnam veterans, many of today's veterans have survived the carnage of war by the advancement of

technology and medicine. These veterans all suffer some physical and psychological harm. With more Vietnam veterans seeking benefits at the same rate and time new veterans from more recent conflicts also pursue benefits, the VA and VSOs are running to keep up. We are now at the crossroads of innovation and change.

Military Order of the Purple Heart National Service Program is in the process of developing and executing a new procedure of determining where we will place our National Service Offices. We studied the U.S. Census Bureau and Dept. of Veteran Affairs research on veteran migration. Studies show that today's climate is like what occurred in the 1950s. Many young veterans, single and married, relocated from rural and mid-size cities to large metropolitan areas. The most common reason for the move is employment. The second is better state benefits, e.g., tax breaks, educational benefits, and the availability of affordable housing. It is no mystery that Texas has the most significant increase in veterans, surpassing Florida. Based on the research mentioned above, we should increase our presence in states where a large concentration of veterans reside.

For years, the decision to expand or shrink the MOPH National Service Program was arbitrary, with no logical

data to support it. The process that we use is to calculate the number of veterans in a community and determine the percentage of the population of which the vet represents. For example, in Texas, in the Dallas-Fort Worth metroplex, there are over 400,000 veterans; the nearest NSO is in Waco, Tex. (which is about an hour and a half away). Although the VA regional office is in Waco, we lack a presence in the largest metro area in Texas. Our average NSO caseload measure upwards of about 2,600 Power of

Attorney (POA). One-fourth of all veterans, in the state, live in Metro DFW. It could be argued the distance is not material, but how can you rebrand if you fail to connect with the people we serve? Possibly 400,000! Thus, we missed an opportunity to advocate for more veterans.

Our vision is to bring the Order into the 22nd century. Whether it's technology or research to make our organization more effective and efficient, we shall expand our reach. ✧

## Mail Call



### Proud of His Grandson

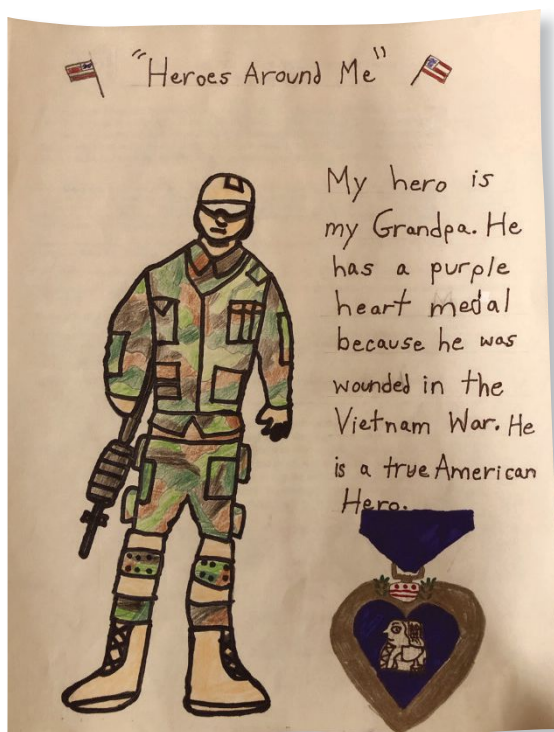
MY EIGHT-YEAR-OLD grandson, Alex Commisso, submitted this drawing as his entry in a school project. I could not have been prouder when Alex drew this and thought of me. He received first place, a blue ribbon, for the entire third grade.

Submitted by a proud grandfather.

Lawrence Pagnoni

#### SEND LETTERS TO:

The preferred submission procedure for letters are via email to: [MagazineEditor@purpleheart.org](mailto:MagazineEditor@purpleheart.org)  
Letters can also be submitted by regular mail to: RaeLynn McAfee, 2037 Warner Drive, Chuluota, FL 32766. The Magazine reserves the right to edit letters as it deems necessary.



# Solving the Suicide Crisis

by Cathrine Shaw, National Suicide Awareness Program Officer

I WOULD LIKE TO BRING YOUR ATTENTION to the suicide crisis that is affecting our veterans and active duty service members. I plead with each of you to view: <https://afsp.org/about-suicide/suicide-statistics> and <https://www.military.com/daily-news/2019/01/30/active-duty-military-suicides-near-record-highs-2018.html>. I want to encourage all Patriots to become part of the solution to this critical situation.

We all have been personally touched by this crisis. Suicide devastates families and friends and the profound effects last for generations. The MOPH advocates to our nation, VSOs, communities and individuals to bring awareness to this situation. The average number of veterans/service members who take their life *daily* from suicide is 22. This is unacceptable. We are each a vital partner and must get involved to stop this epidemic.

It all boils down to the number 1. One suicide is

too many!!! *Every* veteran and *every* service member's life matters. *You* can be the one to help save a veteran/service member's life. It is every Patriot's responsibility to look out for our fellow brothers and sisters. Your actions are crucial to ending this suicide plague.

Recognize the warning signs of suicide. Don't be afraid to get involved by reaching out. Check on your buddies. Do you know a veteran/service member or are you personally having thoughts of hurting or killing yourself? Do you know a veteran/service member who is depressed, withdrawn, hopeless or talking about suicide? Listen, and take their answers seriously. Seek help!!! Go to a chaplain, mental health or first responder, call the crisis line or take them to an ER.

If you are or someone you know is, struggling with stress, depression or suicidal ideation, please call the Military/VA crisis line at **800-273-8255**. Press 1. It is a 24/7 line with a live person on the other end. You are not alone in this struggle; there is help.\*

## RECOGNIZE THE SIGNS OF SUICIDE RISK

- Thinking about hurting or killing yourself
- Looking for ways to kill yourself
- Talking about death, dying or suicide
- Self-destructive behavior such as drug abuse, weapons, etc.
- Hopelessness, feeling like there's no way out
- Anxiety, agitation, sleeplessness, mood swings
- Feeling like there is no reason to live
- Rage or anger
- Engaging in risky activities without thinking
- Increasing alcohol or drug abuse
- Withdrawing from family and friends

**The presence of these signs requires immediate attention.**

**Call us if you experience any of these warning signs.**



© 3/15 VHA

## Candidates Announcement For Office

THE PURPLE HEART MAGAZINE WILL PUBLISH ANNOUNCEMENTS for Office following these guidelines:

- Those running for National Commander will be allowed a maximum of 350 words.
- Candidates for Senior & Junior Vice-Commander will be allowed a maximum of 300 words.
- Candidates for Regional Commander will be allowed a maximum of 250 words.
- Candidates for any other National Office will be allowed a maximum of 150 words.
- If the submissions exceed the word restrictions, the candidates will be given one week to revise their announcement. After that calendar week, the announcement will be sent to the Copy Editor for editing.

All submissions for publication must be received by regular print submission deadlines: **April 1st for May/June Issue.**

Please email submissions to Editor at [MagazineEditor@purpleheart.org](mailto:MagazineEditor@purpleheart.org)

### VIOLAS AND GRAVE MARKERS

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Additional can labels each .....	00.12
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# Branson

## 87th Military Order of the Purple Heart & 86th Auxiliary National Convention

### July 8–12, 2019



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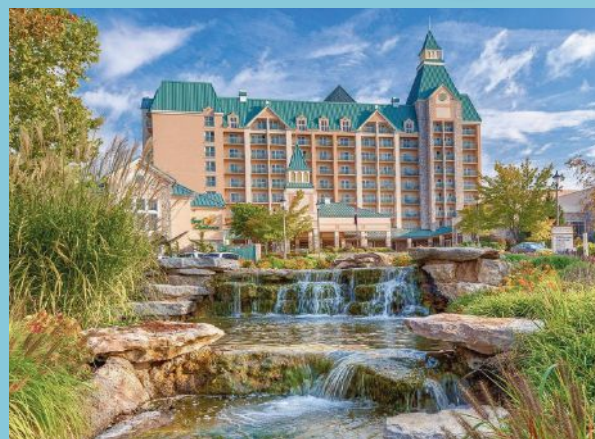
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For room reservations, please call: **1-800-333-5253**

or online at: <https://reservations.travelclick.com/11529?groupID=2377728>



**Deadline for Convention Room Rate: Tuesday June 4, 2019**

	Single Occupancy	Double Occupancy	Triple Occupancy	Quad Occupancy
King or Double Room	\$129.00	\$129.00	\$149.00	\$169.00
Missouri Sales Tax @ 8.1%	\$10.45	\$10.45	\$12.07	\$13.69
Tourism Tax @ 4%	\$5.16	\$5.16	\$5.96	\$6.76
	<b>\$144.61</b>	<b>\$144.61</b>	<b>\$167.03</b>	<b>\$189.45</b>



- When reservations are made, a deposit equal to the room rate and tax for the first night for each reservation is required.
- This deposit is refundable only if the hotel receives timely notice of cancellation ie: 2 days before check in date.
- Guests will need to present a valid credit card upon check in at which time a pre-authorization of \$75 can be obtained to cover the incidentals, damages, and or room charges of the stay.
- Guests are required to provide home/business address and email address.



There are 8 ADA rooms; 4 have a roll-in shower and 4 have a tub with bar assistance

Refrigerators and/or microwaves are available in Suites only. They can be requested for \$20 per unit per day for other rooms.

**Check in:** 4:00 pm day of arrival (please provide flight arrival times)

**Check out:** 11:00 am day of departure (late checkout after 2pm may incur a half-day rate). Early departure checking out before check out date, will be a penalty of 1-night stay.

All rooms and suites feature upscale amenities, including complimentary Wi-Fi, 37" flat-screen HDTVs, Keurig coffee makers and plush bedding. Spacious bathrooms have granite countertops, Kohler massaging shower heads and luxe bath amenities.



### AIRPORT SHUTTLE INFORMATION

THE DEPARTMENT OF MISSOURI will be providing Convention Attendees with airport shuttle service. If you plan on attending the National Convention:

- Please email John Dismer, Convention Chairman to reserve a spot on the airport shuttle to the Chateau on the Lake.
- You will need to provide your name, number of passengers and date of arrival.
- Once flights are confirmed, you **must** follow up with John Dismer and provide him with confirmed flight details.

**John D. Dismer • Convention Chairman • Cell: (417) 848-1888 • Email: [jdismerjd@aol.com](mailto:jdismerjd@aol.com)**



**87TH MILITARY ORDER OF THE PURPLE HEART  
& 86TH MOPH AUXILIARY  
NATIONAL CONVENTION REGISTRATION  
July 8th - 12th, 2019  
Branson, MO**



**REGISTER EARLY AND SAVE \$ 20.00 - DEADLINE JUNE 4TH, 2019**

MOPH: ☐ ASSOCIATE: ☐ MOPHA: ☐ PNC / PNP ☐

Name: \_\_\_\_\_ Member ID: \_\_\_\_\_

Badge Title: \_\_\_\_\_ Chapter / Unit No: \_\_\_\_\_ Department: \_\_\_\_\_

(Current MOPH / MOPHA Title PLEASE)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Please Initial if this is your First Time Attending a National Convention: MOPH ☐ MOPHA ☐

Guest: \_\_\_\_\_ Badge Title: \_\_\_\_\_

DATE	SESSIONS	MOPH	MOPHA		QTY	TOTAL
Now to June 4th	EARLY REGISTRATION FEE - All members must pay registration fee to attend meetings and receive materials.	\$65.00	\$65.00			
June 5th Onwards	LATE REGISTRATION FEE - All members must pay registration fee to attend meetings and receive materials.	\$85.00	\$85.00			
Monday 8th July	First Time Attendee Luncheon No Charge - First Time MOPH Attendee ONLY!	Free		X		
	Auxiliary Welcome Luncheon No Charge - Auxiliary Attendee's ONLY!	Free		X		
Tuesday 9th July	National Commanders Breakfast No Charge - Current Department Commanders ONLY!	Free		X		
	Past National Commander / Past President Luncheon					
	ALL attendees & Guests are encouraged to attend BBQ Grilled Chicken.....	\$50.00	\$50.00	X		
	House Rubbed KC Strip Steak.....	\$50.00	\$50.00	X		
Friday 12th July	Veggie Risotto.....	\$50.00	\$50.00	X		
	National Convention Gala Pan Seared Chicken Breast.....	\$65.00	\$65.00	X		
	Chipotle Lime BBQ Pork Loin.....	\$65.00	\$65.00	X		
	Vegetable Wellington.....	\$65.00	\$65.00	X		
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# Branson

# July 8-12, 2019

## 87th Military Order of the Purple Heart & 86th Auxiliary National Convention



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Thousand Hills Golf Resort, Branson, MO

Wednesday July 10, 2019

**Tee Time 1:00pm**



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Please select one: Single Player / Company / Team Name: \_\_\_\_\_

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1. \_\_\_\_\_ 3. \_\_\_\_\_

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Company Name: \_\_\_\_\_ Contact Person: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

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# Don't Forget the Plight of Soldiers Suffering Invisible Wounds

by Retired Lt. Col. Mark Leslie • DPTMS chief, Plans and Operations



FORT POLK, La. — Let me precede this piece by saying that I am not a behavioral health specialist, a medical professional, nor do I claim to be. But with more than 30 years in the Army from private to senior NCO, to lieutenant colonel, I think this gives me a unique perspective on soldiers and their behavior.

A few weeks ago I found out that a friend of mine, a senior leader in our Army, had taken his own life. Sadly, this was not anything new; it seems that every few months I learn similar news from my circle of friends.

Less than one percent of a nation of roughly 350 million people has served in uniform. That is an amazing statistic. To me, that makes that less than one percent an elite and special class of American citizens. Those veterans are the less than one percent that are willing to put their lives on the line, and the prosperity of their families, and endure the less than predictable life style of the military for the other 99 percent of the nation. They shoulder the load—often silently and without complaint—of the nation's security for others and do so willingly and without an expectation of adula-

tion or entitlement from those they serve. The veteran is a special breed of citizen that expects nothing in return but the acknowledgment and respect from a citizenry that, at times, seems ignorant of their sacrifice and apathetic to their contributions.

According to the last Veterans Administration study, there are about 22 veteran suicides a day, including active-duty soldiers. This averages out to about one every 65 minutes. While that statistic is staggering enough, it is hard to visualize. That is the equivalent of losing every active-duty soldier on Fort Polk in less than a year. With no action by the enemy, criminal acts, traffic accidents, disease or natural causes, the Army loses an entire brigade combat team, the cream of the corps with Operations Group, a top-notch MP battalion, an

engineer battalion with specialized skills that we desperately need and a host of special medical professionals from BJACH, along with a number of other specialized MOSs that take years to train. Think about that for a minute. In less than a year, every active-duty soldier on Fort Polk is dead.

What is the point of these statistics? To make you think about the enormity of the problem. Invisible wounds are present in our ranks and they are as important to address as visible wounds.

After this most recent tragedy, I informed my employees. Many had known this soldier and considered him a solid leader and family man with a bright future, set to retire and enjoy the fruits of his labor. While none of us are behavioral health specialists, we are retired senior leaders in the Army, know soldiers and know the struggles veterans face. This "sit-down" wasn't scripted or planned, but it was probably the best suicide prevention discussion I ever had. There was no script, no slides

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and no agenda—it was off-the-cuff, honest talk from the heart and from men who were sick with sorrow and desperation to find a way to suspend this wave of suicides of America's finest. We had known warriors that had taken their own lives and were affected by it, traumatized by the haunting feeling of "What did I miss, what could I have done?"

There was a common theme that emerged: continued engagement by leadership, by leaders closest to the problem that knew them and what they had been through. This continued engagement did not just apply to active-duty leaders; it is a persistent obligation—for life—with those we have served in trying times. When you change command, have a change of responsibility, ETS, retire or hang up the uniform, it doesn't mean that you stop leading. Once you have led men, they will always see you that way; you're stuck with it.

As their commander or leader, it is an honor and a compliment. I have driven to Texas in the middle of the night on a work week, sent money, bought plane tickets, hosted soldiers in my home for days, called friends to do a QRF and yes, even called the police to make sure one of my men was safe, long after my time as their commander was over. To lead in combat and bring them back, only to lose them years later, is devastating not only to the victim's immediate family, but their Army family as well. Leaders and friends have to live with that loss, and it is no less traumatic as a combat loss. Regardless of method, a loss is

still a loss, and to me, a loss due to suicide is more traumatic than a combat loss. They were alone and we weren't there when they needed us most.

What our group deduced is that there is no magic bullet. Soldiers in today's war live through attacks that they would have never previously lived through, due to advances in protection. But that does not mean they have no wounds. There are invisible wounds that may take years to resonate, form or evolve. For all our toughness, the one thing you can't make tougher or more resilient is the brain. If the brain is scrambled like a shaken egg in an IED blast, it may be years before a symptom or behavior is present.

This war had changed my thoughts on suicide. Before, I thought only weaklings and those unprepared for the reality of combat—and life—chose suicide. But this war has changed that. Some of the bravest and toughest men I know, men I have personally seen exhibit Herculean acts in combat, who have saved my life at the expense of their own flesh and blood, have struggled with this. They are not weak; they are wounded, and I feel just as obligated today to care for and lead them as I did then.

Army leaders have to be tough, but you can also exercise empathy, compassion and caring. Obligation as a leader never ends; that's the way they see us—it is the burden we bear. I think we owe it to them. They did the extraordinary for us, we are in their debt for life, to lead them and, if necessary, save them.

When I heard of the recent pass-

ing of my friend, I had the urge to call one of my former soldiers who struggled with what we had experienced. This soldier had been my personal security when I was an advisor. This job was nothing ordinary and we experienced our share of horror. He had been medically retired as a result of his injuries, against his wishes. When I called, he was sitting in a parking lot in the early morning with a loaded weapon in his car. He said he had no intention of using it. I changed my plans that day and drove several hours to meet him and have a cup of coffee and reassure him that he was still a man, still a warrior and still had a lot to contribute.

I ask every leader in our Army—present and past—to reach out to the warriors they think may be suffering from invisible wounds. Do it today, tomorrow, next week and beyond. It is a life-long commitment. Reassure them and remind them of some of their finest hours and contributions. Let them know they still have a place, and of their self-worth. Let them know they are important, that they matter and still have more to give. Let them know that what they did—and continue to do—matters. Someone cares, we care, and the Army family cares. I think you will be glad you did. Consider it a gift to humanity. ✱

If you or someone you know is contemplating suicide call the Veterans Suicide Prevention Hotline at **(800) 273-8255** or the National Suicide Prevention Hotline at **(800) 784-2433**.

# BRAIN INJURY AWARENESS MONTH

## A PURPLE HEART RECIPIENT'S ENDEAVOR TO IMPROVE QUALITY OF LIFE

by SFC (Ret.) Victor L. Medina • MRC, CRC, PH Recipient

**S**USTAINING A TRAUMATIC BRAIN INJURY (TBI) was a game changer for me, as it was the end of one career and the discovery of a new path. March is TBI Awareness Month. According to the Centers for Disease Control and Prevention (CDC), 2.5 million people sustain a TBI every year. The Defense and Veterans Brain Injury Center (DVBIC) reported that approximately 383,000 military service members have sustained a TBI since the beginning of the wars in Iraq and Afghanistan.

The CDC defines a TBI as a disruption in the normal function of the brain that can be caused by a bump, blow or jolt to the head, or penetrating head injury. The effects of a TBI are physical, cognitive and emotional. Some of the lingering effects of a TBI are: memory problems, concentration, reasoning, verbal communication, depression, anxiety, impulsiveness and other behavioral issues. In all, TBI and its associated medical conditions are defined as polytrauma.

Why is TBI awareness important? I am a combat-wounded veteran who was impacted by a brain injury. On June 29, 2009, my life was forever changed while on patrol in Ghazaliya, Iraq, when my vehicle was struck by an explosive-formed projectile. At the time I was serving in the U.S. Army with the 1st Battalion, 77th Armored Regiment. I sustained a moderate TBI, among other injuries. There are three main classifications of TBI: 1) mild or concussion, 2) moderate, and 3) severe brain injury (shown in table 1). Learning more about TBI helped my wife and me overcome many of the challenges that come with the injury. My wife, Roxana Delgado, stepped in as my caregiver when I first started

this new journey. We both learned how to better cope and adjust to the newly-acquired disabilities.

In many cases, TBI can have lingering effects, leaving the person with permanent disabilities. It wasn't any different for me. I sustained a moderate TBI and have disabilities that will be part of me for the rest of my life, including: loss of right-side peripheral vision in both eyes (bilateral hemianopsia), auditory processing disorder, neuro-sensory hearing loss, speech fluency disability and chronic pain. I had to participate in therapy (e.g., physical therapy, speech language pathology, occupational therapy, among others) to learn the strategies that later helped me overcome my disabilities and regain my independence.

Achieving a fulfilled life after a TBI is possible. It is imperative that the person with a TBI receives adequate and timely treatment with a multi-disciplinary team approach (to include the family caregiver) that focuses on the patient's goals. After retiring from the military, I completed a masters in Rehabilitation Counseling and became a Certified Rehabilitation Counselor. This was possible thanks to the support of my wife, and the disability

coordination  
TASTE seizures PAIN  
concentration BALANCE  
unsteady dazed PAIN headaches VOMITING  
MEMORY excessive crying TBI sensitivity to noise  
NAUSEA UNSTEADY Confusion DEPRESSION  
Fatigue TASTE dizziness SMELL Amnesia  
smell personality changes IRRITABILITY  
SLEEP DISTURBANCES depression

accommodations I received when returning to school. These accommodations are provided thanks to the Americans with Disabilities Act (ADA). Veterans with any disability should know that they are protected by the ADA. Employers and educational institutions should provide reasonable accommodations to ensure that the playing field is leveled for all individuals with disabilities. Requesting accommodations is not a sign of weakness, but instead it creates equal opportunity in the workplace and academic institutions. As leaders, requesting accommodations when needed, sets an example for others to follow.

Our firsthand experience with a TBI and meeting the many families impacted by these injuries motivated my wife and me to become active advocates for better identification, treatment and post-injury care. The TBI Warrior Foundation was born from the principles of service to others, loyalty to our community of fellow veterans and caregivers, love and compassion. The TBI Warrior Foundation's mission is to improve the quality of life of veterans, civilians and children living with brain injury and their caregivers, through community integration, education and advancement programs.

When appropriate, it is important for combat-wounded veterans to redefine their personal meaning of success and set goals. Family caregivers can be extremely instrumental in facilitating and enhancing the health and well-being of veterans. Adapting and moving past the effects of disabilities, in my experience, is a family affair.

During the month of March, we encourage everyone to become informed and learn how to best support the individuals and family caregivers impacted by the effects of brain injury. Traumatic brain injury awareness starts with all of us as a community. ✧

### RESOURCES TO LEARN MORE ABOUT BRAIN INJURY:

- Defense Veterans Brain Injury Center (DVBIC) Head for the Future Campaign – <https://dvbic.dcoe.mil/aheadforthefuture>
- Brainline – <https://www.brainline.org>

For more information about TBI Warrior Foundation, go to [www.TBIWarriorFoundation.org](http://www.TBIWarriorFoundation.org)

**Table 1: Cassification of Traumatic Brain Injury**

Criteria	Mild	Moderate	Severe
Structural imaging	Normal	Normal or abnormal	Normal or abnormal
Loss of Consciousness (LOC)	0-30 min	30< min and < 24 hours	24< hours
Alteration of consciousness/ mental state (AOC)	Up to 24 hours	24< hours	24< hours
Posttraumatic amnesia (PTA)	0-1 day	1< and <7 days	7 days
Glasgow Coma Scale (GCS) (best available score in first 24 hours)	13-15	9-12	<9

SOURCE: <https://www.healthquality.va.gov/guidelines/Rehab/mtbi/mTBICPGFullCPG50821816.pdf>

# THE BLUE LINE

## STANDING FOR AND REMEMBERING A FALLEN AIRMAN

by Andre Bowser

IN AIR FORCE OFFICER TRAINING SCHOOL you're called an OT, for Officer Trainee. Although he was OT G. back then to me, he would one day, like me, move up to become Capt. G. He had been a technical sergeant in the active-duty Air Force before his ascension into the officer ranks. We former *enlisted*s looked at the college-educated elites at OTS and wondered how the hell they got there.

OT G. earned his spot, just like me, by busting his hump as a former enlisted Airmen.

Back in 2010, I knew OT G. from seeing him around at OTS. He was a flyer, or formerly part of the enlisted crew as an aircraft worker bee—but soon he'd have his dream job of flying.

\* ————— \*

I SAW A PICTURE of OT G. years later, on a popular social media site. He was posing as the then-freshly-commissioned Second Lieutenant G. I wondered why he would post such an old photo. So, I scrolled down to read the cursory information available below the image. It turned out to be a memorial post on the social media site. Links to news reports detailed how the now Capt. G. had crashed his aircraft in Afghanistan, killing everyone on board—a total of at least eight souls—as well as personnel in

the aircraft control tower that his jet struck. I thought about our encounters years earlier—covering half a decade in seconds—and particularly the times he'd told me what he wanted to do with his life: *to fly*.

At the time that I discovered the social media post, I was months away from being inbound to the military's mortuary for a six-month deployment, or rotation. Part of me wished I could have been there for him, but then I wondered '*what would I really have done? Stand behind the embalmers, or encourage the young Airmen who wrapped his badly damaged remains?*' Surely, I would have suffered some psychological scarring that would have stayed with me for the rest of my days had I been there to see someone I once knew—now fallen.

The sane part of me knew that I was in the best place I could be: not there, yet.

By the time I was "*present and accounted for*" during morning musters at the military's mortuary, Capt. G. had long been returned to his family. I think the average turnaround time from the Dignified Transfer on the flight line with the family present, to presenting human remains to the family, dressed and pressed in their uniforms, or wrapped, at a funeral home in the decedent's hometown, is something like under two weeks, *tops*. But there are too many factors that come into play, such as a lengthy process at AFMES, where they study the remains, holding up the process of us caring for the appearance and seeing to the return of the former service member's remains. AFMES, or the Armed Forces Medical Examiners System, is where most military autopsies are conducted.

\* ————— \*

I WOULD EVENTUALLY learn the sad truth of what happened to my old classmate, of precisely how and why he crashed, but that would come much later during my deployment. It would come in the form of an official Air Force accident report distributed widely through military and media

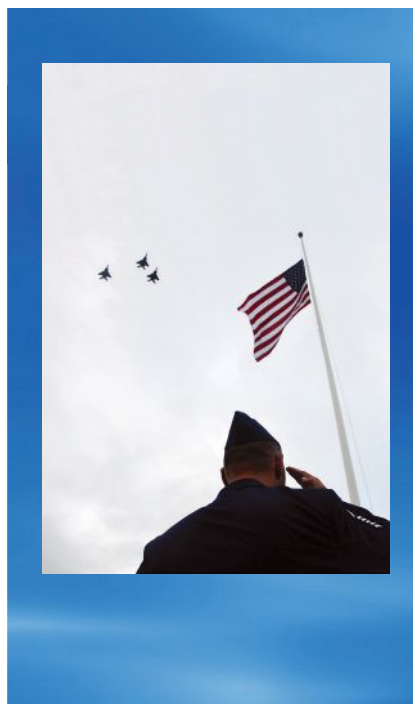
channels. The report would not be flattering of my old classmate or particularly of an Air Force pilot shortcut that ended up killing people, all outlined in the report. The Air Force technically wasn't at fault. Try as you might to find a good reason for something bad that happens, the truth is most times there's no good reason for any. The unsafe practice was a shortcut during pre-flight checks and preparations, and the report would state that the shortcut cost my former OTS classmate his life. It really doesn't matter at this point what the report specifically detailed, because the outcome is immutable. I'll never talk to OT G., or Capt. G., again. The only thing that matters is that if we fall, and we still can get up — we do!

A memory from our time at OTS came to mind:

\* ————— \*

*THE BLUE LINE GLOWED before me—on the grassy, dewy ground. The sulfuric smell of eggs wafting in the pre-dawn breeze was the only distraction.*

*I was in a large crowd of other officer trainees; focused intently on that blue line before me, which separated so many of us from our dreams of becoming U.S. military officers. The hour was maybe 5 a.m. OT G. was somewhere out on that same field, but I didn't know him at the time. It was in our first week at Officer Training School on Maxwell Air Force Base—in good ole Alabama—and I was not yet*



*used to the fine blue line that I'd have to cross and then walk for the rest of my military career, amidst the smell of rotten eggs on a morning in Montgomery. Before us on a massive lawn that would be the same place where we would graduate more than four months later, a blue cord lit up like a skinny neon snake.*

*"You men and women wish to become officers in the United States military, the strongest military in the world, but first you must step over the blue line." Our commandant recited the words as if he'd said them before, but with verve each time he'd repeat them to new Officer Training School classes.*

*I wondered whether the Army initiated its officer trainees by having them step over a green line, or if the Marines had a red line, or the Navy a gray line.*

*As we all took the big step in near unison—following the instructions of the senior military trainer standing far ahead of us and up on a stage—I tripped and stumbled a little. The thin blue line was all that was between me and my dream of becoming an officer, or my OTS classmate's dream of flying.*

I never had to work the case of a fallen service member whom I personally knew during my time at the military's mortuary, although I came close with OT G. But during my deployment, I thought a lot about that blue line, and my old OTS classmate. And I reminded myself that even if I would have fallen flat on my face on that long-ago day in front of all of those other officer trainees, simply because I could, I would have gotten right back up.

This story is dedicated to all fallen, whom I now stand for. ✧

#### ABOUT THE AUTHOR:

Andre Bowser is a U.S. Air Force Reserve Captain stationed at Westover Air Reserve Base, 439th Mission Support Squadron. "The Blue Line: Remembering A Fallen Airmen" is an excerpt of his unpublished memoir—"FALLEN AMONG U.S." Contact him by e-mailing [andre.bowser@us.af.mil](mailto:andre.bowser@us.af.mil) or [andrejbowser@gmail.com](mailto:andrejbowser@gmail.com).

# HEROES TO HEROES PROVIDES SPIRITUAL HEALING FOR VETERANS

**H**EROES TO HEROES FOUNDATION provides spiritual healing and peer support for American combat veterans who have attempted suicide or are on a path to self-destruction due to moral injury or Term Moral Injury.

## Harrison's Story

Harrison had just returned from driving his children to school and a visit to the VA. He had been given medication, but he was frustrated and ready to give up. He took most of his prescribed drugs with a long drink of whiskey and held a weapon to his head. He challenged God: "If you want me to live, give me a sign." The phone rang, startling Harrison. It was Nick and Corey, two veterans and Heroes to Heroes coaches. They told him that he had been selected to take part in a healing journey to Israel. He looked at the gun in his hand, shocked it was there. He put it down and went to find his passport. Harrison has now coached eight Heroes to Heroes teams. He is an advocate for his fellow veterans and is a valuable member of the Heroes to Heroes organization.

## 20 Veterans Die by Suicide Every Day in the United States

Traditional programs are not working. A consistent factor in combating suicide is faith. Those connected to their faith are four times less likely to die by suicide than those who have no connection. The Heroes to Heroes program was inspired by this fact.

## The Heroes to Heroes Journey: A Year of Self-Renewal

The Heroes to Heroes program begins with a 10-day journey to Israel. Teams of 12 to 14 veterans are led by two coaches (alumni of the program) and are joined by three Israeli counterparts.

## Why Israel?

Israel offers our veterans a place where they can unashamedly experience their faith. By having the opportunity to visit sites such as Church of the Nativity in Bethlehem, the Via Dolorosa and Church of the Holy Sepulchre in Jerusalem, and the Galilee, our veterans can physically experience their faith as part of a group that is nonjudgmental and has open hearts. Having the opportunity to be baptized in the River Jordan helps

them start over, beginning a new life. There is no other place in the world where our veterans can experience this! During their journey, our veterans experience the following:

- Reconnection to their faith
- Forgiveness
- Peer-to-peer camaraderie
- Peacefulness and emotional relief
- The ability to finally come home

## The Return Home

Heroes to Heroes teams are geographically based. Upon their return home, teammates stay connected for a minimum of one year. Activities include a weekend reunion featuring a speaker to reinforce lessons learned in Israel. They also take part in college campus visits to introduce the next generation to the challenges our veterans face and how the journey to Israel impacted their lives. Enduring contact with team members and their Israeli "brothers" is encouraged during the year and beyond.

**To date, over 200 veterans have taken the Heroes to Heroes journey.**

## How can you help?

1. Donate
2. Hold a parlor meeting (a Heroes to Heroes alumnus will speak)
3. Run a fundraising event
4. Join a local committee to support a team
5. Represent Heroes to Heroes at your church or synagogue
6. Take part in a Heroes to Heroes event (golf outings, gala, team send-offs)
7. Make Heroes to Heroes your birthday or bar/bat mitzvah project
8. Save a life: Recommend a veteran to take part in our program

[heroestoheroes.org/our-program/](http://heroestoheroes.org/our-program/)





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# Caregiving for Veterans with Invisible Wounds

## Caregiving Tips – PTSD

### What is Post-Traumatic Stress Disorder (PTSD)?

Post-Traumatic Stress Disorder (PTSD) is an anxiety disorder. The diagnosis of PTSD is made when a veteran has been exposed to a traumatic event in which both of the following have occurred:

- The veteran experienced or witnessed an event that involved actual or threatened death or serious injury.
- The veteran experienced a threat to the physical well-being of him/herself or others, and the veteran's response involved intense fear, helplessness or horror.

### Treatment may include:

- Individual therapy and/or group therapy, medication.

### Physical and Mental Changes to Expect:

While the general symptoms for PTSD are similar, the types and severity of symptoms will differ for each Veteran.

- **Physical changes may include:** difficulty staying or falling asleep; irritability or outbursts of anger; physical reactions—such as profuse sweating, increased heart rate and rapid breathing—when exposed to internal or external cues or reminders of the traumatic event; intense distress when exposed to internal or external reminders of the event such as certain sounds or smells; avoiding any activities, places or people that remind the veteran of the trauma.
- **Mental changes may include:** recurring and intrusive thoughts about the event; recurring and distressing dreams of the event; acting or feeling as if it the traumatic event were recurring—also known as having flashbacks; being unable to recall an important aspect of the trauma; difficulty concentrating; and efforts to avoid thoughts, feeling or conversations associated with the trauma.
- **Emotional changes may include:** intense distress when exposed to internal or external reminders of the event such as certain sounds or smells; a noticeable lack of interest or participation in important activities; feelings of detachment or estrangement from others; limited ability or inability to show affection or love; feelings of a bleak future, such as limited career or family opportunities, and shortened life span; overly alert or on guard—also known

as “hyper-vigilance”—and/or exaggerated response when startled.

### What Does This Mean for Me?

One of the areas in which you may notice a difference is in your social life. The veteran you care for may become uncomfortable in large crowds or unfamiliar places, and so you may find yourself feeling more socially isolated, losing support networks or feeling the need to compensate for the veteran you care for in social situations that are uncomfortable for him or her, while providing support and encouragement at the same time. You may also have to learn coping skills to manage the stigma that is sometimes associated with mental health disorders.

You may also notice a difference in your personal relationship with the veteran you care for. It is important to understand that it may be harder to talk to the veteran due to changes in his or her behavior and/or communication style.

In addition, if the veteran is experiencing difficulty managing his or her anger, you may feel like you live in an atmosphere of constant chaos. If the veteran you are caring for is your spouse or partner, you may experience additional changes in your relationship. This might include feeling worried that your veteran is no longer emotionally or physically attracted to you due to emotional unavailability, or a decreased interest in physical intimacy and sexual activity. In addition, due to sleep disturbance (for example, insomnia, waking-up frequently, nightmares), many couples choose to sleep in separate beds (and rooms), which may cause further feelings of emotional separation.

At times, you may experience your own feelings of sadness, anger, frustration, discouragement and loss when the veteran you care for experiences symptoms of PTSD. These reactions are normal, but can be challenging to deal with.

### Caregiving Tips

- Learn as much as you can about PTSD by reading, going to lectures, talking with others in similar situations, and talking with the veteran's treatment team. A good place to start your learning is VA's National Center for PTSD.

- Consider encouraging the veteran you care for to seek mental health treatment. VA has proven treatments for PTSD that help veterans manage their symptoms in all types of environments. Just remember that not everyone is ready to admit they need help, so if there is no threat of harming themselves or others, respect a veteran's decision about seeking treatment.
- If the veteran you care for decides to seek treatment, encourage and fully support that decision. It's important for both of you.
- Request to be part of the veteran's treatment. If the Veteran you care for agrees, talk with the mental health providers regularly. Ask questions and take notes.
- Recognize the veteran's social and/or emotional withdrawal is due to his or her own issues and not your relationship. A veteran with PTSD will have good days and bad days. Foster relationships with family, friends, and others to stay connected and get support.
- Learn coping skills to manage stigma sometimes associated with mental health disorders.
- Pay attention to warning signs of a potential relapse, including an increase in symptoms or other changes in behavior. Keep the psychiatrist and/or therapist, local crisis team, Veterans Crisis Line, and other emergency phone numbers handy.
- If any veteran talks about suicide, take it seriously and seek help immediately. The Veterans Crisis Line is 1-800-273-8255 (Press 1 for veterans).
- Don't forget to pay attention to your own needs. Visit your doctor regularly, and get plenty of rest so you can stay strong. Your health is essential to your ability to keep providing for the veteran you care for.

## RESOURCES:

- I'm Caring for a Veteran with Post Traumatic Stress Disorder (PTSD) What Do I Need to Know? [caregiver.va.gov/pdfs/FamilyCaregiversGuideTo\\_PTSD.pdf](https://www.caregiver.va.gov/pdfs/FamilyCaregiversGuideTo_PTSD.pdf) (PDF)

## Caring for Veterans with TBI

Family caregivers play an important role in recovery. You can offer support, encouragement and guidance to your injured family member, and help ensure the treatment plan established by the medical professionals caring for the Veteran is followed.

### What is TBI?

Traumatic brain injury (TBI) happens when something hits the head hard or makes it move quickly. Injuries may be due to blasts in combat, or as a result of motor vehicle accidents, falls, falling or flying objects, or assaults.

There are some common physical and mental changes that can occur with TBI depending on the type and severity of the injury. Some symptoms may be present immediately, while others may appear later.

- **Physical changes may include:** problems with vision, weakness and coordination, as well as headaches, dizziness, fatigue, pain, and sleep disturbances.
- **Thinking changes may include:** memory and learning problems, decreased concentration, problems with judgment, and slower thinking.
- **Emotional issues may include:** irritability, problems managing anger or frustration, depression, anxiety, adjustment difficulties, and problems with social functioning.

*Continued on Pg. 28*

## NEED HELP?

### Caregiver Support Coordinator

Your local Caregiver Support Coordinator is a licensed professional who can support you by matching you with services for which you are eligible, and providing you with valuable information about resources that can help you stay smart, strong and organized as you care for the veteran you love. Enter your zip code on this site ([https://www.caregiver.va.gov/help\\_landing.asp](https://www.caregiver.va.gov/help_landing.asp)) to view contact information for your area.

### Caregiver Support Line

With VA's Caregiver Support Line – 1-855-260-3274 – assistance is just a quick phone call away. If you're just getting started with VA, calling the Caregiver Support Line is a great first step to take to learn more about the support that's available to you.

# Purple Heart Regulation **CAPS**

## Official Vendor's Supply List

*Cap prices include the cap patch and the lettering  
"Military Order of the Purple Heart"  
and "U.S.A." On the left side,  
and Chapter number on the  
front right, if requested.*

### **NATIONAL CAP**

*Men's and Ladies' Style*

All white with purple piping &  
letters: **\$24.75 each**

### **DEPARTMENT CAP**

*Men's and Ladies' Style*

Purple with white top, gold piping  
& white letters: **\$24.75 each**

### **CHAPTER CAP**

*Men's and Ladies' Style*

All purple with white piping &  
letters: **\$24.75**

### **PURPLE HEART BERET \$20.00**

*(Lettering not available)*

### **Life Member Annotation**

Includes direct embroidery

"Life Member" around flap curve on  
front right side: **\$6.00**

### **Associate Member**

**Annotation: \$9.50**

*(in addition to cap price).*

Additional letters:

**\$0.60 each**

**Remove/replace letters:**

**\$1.50 per letter**

**Plastic zippered cap bag:**

**\$4.00 each**

**Winter baseball caps:**

**\$15.00 each**

**Dress Tie: \$15.00 each\***

Purple tie – 100% polyester with  
white-bordered MOPH patch  
(specify standard tie or clip-on)

**\*ONE SIZE FITS ALL**

Allow approximately four (4)  
weeks for delivery.

**For shipping & handling,  
add \$8.00 per order**

With your order, include the  
following when ordering:

*(Please print clearly)*

**Your Name**

**Your Address**

**Your Chap. # Cap Size**

**Your Tel No(s)**

**VISA/MC No. & Expiration Date**

**Compute the Total Amt. of your Order and  
email, phone or mail check or Money Order to:**

## **KEYSTONE UNIFORM CAP**

**2251 Fraley Street**

**Philadelphia, PA 19137**

**PHONE: (215) 821-3434**

**Fax: (215) 821-3438**

**caps@keystoneuniformcap.com**

**www.keystoneuniformcap.com/MOPH**



## Caregiving Tips

1. It is often difficult for an individual with TBI to multitask, so give one instruction at a time. Try using lists, memory notebooks, and calendars to organize daily tasks.
2. Be sensitive to the issue of fatigue. If your family member seems tired or overwhelmed, suggest they take a break.
3. Establish a routine in which your family member pre-plans activities for the day. Scheduling the most important activities for the morning is a good idea, because energy levels tend to decline over the course of the day.
4. Attend visits to the medical provider with your family member and provide detailed information about the veteran's progress and challenges. Ask questions and take notes.
5. Be supportive and patient, and don't forget to also take care of yourself. Remember, you are doing the best you can and you are making a difference in your loved one's life.

## RESOURCES

- For support and information about the assistance available from VA, call VA's Caregiver Support Line toll-free at 1-855-260-3274.
- To learn more about TBI, diagnosis and treatment, visit VA's Polytrauma website, or VA's Public Health website.
- For training on how to care effectively for yourself as a Caregiver, try VA's Caregiver Self-Care Courses.
- Fact Sheet: I'm Caring for a Veteran with Traumatic Brain Injury (TBI), What Do I Need to Know? (308.24 KB, PDF)
- Invisible Wounds of War at Home: What is TBI? (online course by PsychArmor)
- Invisible Wounds of War at Home: TBI What Families Can do (online course by PsychArmor) \*

**SOURCE:** <https://www.caregiver.va.gov/index.asp>  
[https://www.caregiver.va.gov/Tips\\_by\\_Diagnosis/Index.asp](https://www.caregiver.va.gov/Tips_by_Diagnosis/Index.asp)

## MOPH Chapters 524 and 795 Assist Coast Guard Families in Jacksonville, Florida, During the Government Shutdown

**D**URING THE 35-DAY government shutdown in January, Servicemembers in the U.S. Coast Guard were required to perform their normal duties, including deployments, that left many family members without the money necessary to lead their normal lives. Among those affected were the Coast Guard families in the greater Jacksonville, Fla., region, including those living and working at the Mayport Coast Guard Station. Faced with mounting bills, mortgages that were due and not knowing when the shutdown would end, some families were forced to turn to food banks and pantries for help.



Patriots and Coast Guard members in attendance at the "No Dough Dinner" on Jan. 28.

In the greater Jacksonville area, local organizations stepped up to assist their local Coast Guard families. In Mayport, the Mayport United Service Organization (USO) and the Beaches Emergency Assistance Ministry (BEAM), offered assistance to the nearly 600 active Coast Guard members and their families with help for mortgages and



Food being prepared



High school students helping out

rent, food and other needed items. The executive director of the USO, Mike O'Brien, put the call out to the community to encourage donations of food, baby items and pet supplies. Hearing the call, the Patriots of Lady Lake Chapter 795 and Jacksonville Chapter 524 contacted Joyce Scallion, director of the Mayport USO, to see how they could help. They were told that the best contribution they could make was gift cards that the families could use to purchase gasoline in order to get around.



USO Hall

On Jan. 28, the Mayport USO hosted a "No Dough Dinner" for the families of all active duty military members in the area, a no-cost dinner they provide twice each month. For this particular dinner, they were joined by Chapter 795 Commander Reggie Nealy and Sr. Vice Commander John Bircher, and by Chapter 524 Commander Jim Wellmon, and Patriots Lee Brown, Bill Smith, Chris Vedvick and Eddie Harrison to present 40 pre-paid gift cards valued at \$1,000 for distribution to Coast Guard families in need. Members of the Mayport Coast Guard expressed their appreciation for the donation and especially their gratitude to the Patriots of the Military Order of the Purple Heart for caring about the welfare of their fellow military members.



PATRIOTS LES BEATY AND DANNY LARA accepting a \$2,000 donation from Invenergy Wake Wind Energy Center, Crosbyton, Tex., for the construction of the Regional Monument of Courage.

NEWS & GATHERINGS HONORING THEIR SACRIFICE WITH OUR SERVICE

## Nurses Honored by MOPH Chapter 811

MOPH CHAPTER 811 in Northwest Florida worked for three years to make a monument thanking the unsung heroes of wartime, the nurses who care for us in the worst of times.

The monument's unveiling ceremony had an attendance of well over 500 people, including members from the Dept. of Florida, national, Florida State government representatives, senators, congressman, and mayors of 10 cities.



Nurses from Northwest Florida State College unveiling the monument during September ceremony.

"The person who advocates for you at the weakest point in your life is the nurse that sees you through the darkest times of your life," said William Everett, Adjutant from MOPH Chapter 811.

"Each of us as Purple Heart recipients remembers a nurse or nurses who aided our wounds. Many of these nurses were never seen again, no thank you for their care was ever given, and that is why Chapter 811 began the hard work to leave a monument for nurses," Everett explained. "The granite obelisk will pay tribute to four nurses, both military and civilian, living and deceased, who have shown an extraordinarily caring heart in their work."



NEWS & GATHERINGS HONORING THEIR SACRIFICE WITH OUR SERVICE



NORTHERN YORK HIGH SCHOOL in Pennsylvania recently honored Purple Heart recipients of Capitol Chapter 11. L to R: Rick Shultz, Charlie Dunn, John Botchie, Pete Verbos, Dick Shellenberger and Tom Campbell



CHAPTER 36, OCEAN COUNTY, N.J., held a presentation on February 8 for the manager of the Whiting, N.J., WAWA for his continued support of fundraising. L to R: Commander Tim Baranyay, WAWA manager Ed Duffield, and Finance Officer Tom Schultz.

### What's New on the Purple Heart Trail?

CHECK OUT all the activities and new Purple Heart entities occurring on a regular basis on MOPH Social Media:



Facebook @MOPHUSA



Instagram @MOPH\_HQ



Twitter @MOPH\_HQ

AL POCHEK



MOPH CHAPTER 1782 Commander Richard Drago and General George Washington (John Koopman) stand in front of the Hasbrouck House in Stone Ridge, N.Y., for the annual three-day George Washington's birthday celebration. The Hasbrouck House served as Washington's HQ in Newburgh during part of the American Revolution. A cake is cut and served all three days by the general, there are cannon fire and musket volleys, and the Continental Army soldiers drill in formation. The historic site, composed of the six-acre grounds, the house and the museum, is open to the public for tours and is free on these days. Over the three-day celebration, the site in Newburgh, N.Y., averages 600-700 visitors a day.



AT LOCH RAVEN VAMC Susan Kern, VA Maryland representative, received a check from Military Order of the Purple Heart Department of Maryland to help purchase new televisions for the facility.

Presenting the check on behalf of the department is Lee Chambers (Chapter 122) and Murray Simon (Chapter 577).

**ALL TROOPS, A,B,C,D, & HQ, 3/5 CAVALRY, 9TH INFANTRY DIVISION (VIETNAM, 1965-1973),**  
Contact: Al Cavin, (517)524-6228 or [alcavin@gmail.com](mailto:alcavin@gmail.com)

### 117TH AHC VIETNAM REUNION

June 11-15, 2019

Augusta, GA

Our reunion is held in conjunction with the VHCMA Annual Reunion.

Augusta Marriott Hotel on Convention Center 2 Tenth Street, Augusta, GA

Contact: Al Bennett (850)834-3376 or [namvet42@hotmail.com](mailto:namvet42@hotmail.com)

### 249th ENGINEER BATTALION ASSOCIATION REUNION

September 12-15, 2019

Kansas City, MO

All veterans that have served in the 249th Engineer Battalion from 1944 to present active duty members serving in the 249th and their families are welcome to attend.

Contact: Robin Wandell, (660)815-1166 or [firewoodfriends@hotmail.com](mailto:firewoodfriends@hotmail.com) (ESSAYONS)

### VETERANS OF THE ARMY FIRST ENGINEER BATTALION ANNUAL REUNION

September 22-25, 2019

Deadwood, SD

Contact: [dalegreenfield63@gmail.com](mailto:dalegreenfield63@gmail.com)

### ARMY OCS REUNION

April 28-May 1, 2019

all branch classes 1941 - Present

Online registration is available at:

<https://www.ocsalumni.org/>

Contact: Nancy Ionoff, Reunion Coordinator, at [ocsalumnireunion@gmail.com](mailto:ocsalumnireunion@gmail.com) or (813)917-4309

### 26TH MARINES ASSOCIATION ANNUAL REUNION

August 23-25th, 2019

New Orleans, LA

26'ers of all times, Iwo to current (Regiment, MEU, and supporting units) are welcome.

See [www.26thMarines.com](http://www.26thMarines.com) for details.

Contact: Sonny, (512)825-4730 or email [sonnyusmc@gmail.com](mailto:sonnyusmc@gmail.com)

### US ARMY VIETNAM - DUSTERS, QUADS, SEARCHLIGHTS, VULCANS, HAWK 37TH ANNUAL REUNION

May 14th-19th, 2019

Mobile, AL

Renaissance Mobile Riverview Plaza Hotel  
*Operation Gulf Coast*

Contact: Bruce Geiger (914)576-1050, [bmgeiger@aol.com](mailto:bmgeiger@aol.com)

website: [www.ndqsa.comw](http://www.ndqsa.comw)

## SPOTLIGHT



**C**HAPTER 708 members met 10-year-old Kyleigh Boone, a student at Greene County Tech School in Paragould, Ark., and her family in 2016. Chapter 708 had set up an information booth at the Greene County Fair in September 2016; Kyleigh's father, Brandon Boone, was coaching a softball team for 10-year-olds and under and they had sat up a booth across from the MOPH. The team was called the Phantoms and their color was purple. That drew Kyleigh to our booth and we learned that Brandon was a Purple Heart recipient also. We saw her every day for a week and she visited our booth daily.



Pictured with Kyleigh making her donation are from L to R: Patriot Brandon Boone, Commander Everett Evans, Kyleigh and Finance Officer Loyd Davis.

Kyleigh had baked a pecan pie, using her grandmother's recipe, and entered it at the county fair, and she won a blue ribbon for it. After the fair ended her father contacted Chapter 708 and said Kyleigh wanted to bake some pecan pies and sell them for Thanksgiving then donate the proceeds to Chapter 708 for them to help Purple Heart recipients and other veterans. This was entirely Kyleigh's idea, her father said, and Chapter 708 gave her all of their support.

## NEWS & GATHERINGS HONORING THEIR SACRIFICE WITH OUR SERVICE

Brandon posted this on Facebook and expected perhaps 15 or 20 orders. After a few hours they had to take the post down because they had received over 100 orders. This was so successful that the Boones had to purchase a second oven to bake the pies and keep up with the orders. They extended the project through the Christmas holiday and sold over 200 pies. The donation Kyleigh presented to Chapter 708 was for \$2,000 dollars. This took all of them by surprise and the thing that impressed members the most about Kyleigh was the fact that she did this to help others, not thinking about herself. Kyleigh has done this fundraiser for three years in a row and plans to do it again this coming Thanksgiving. Kyleigh presented the chapter with another \$2,000 in 2017 and a check for \$2,500 for her 2018 Pie Sale Fundraiser.

To show the appreciation to Kyleigh for her hard work and her donating the proceeds to the chapter to help local veterans, Chapter 708 presented her with a plaque and a certificate of appreciation the first year she did this. In 2017 Chapter 708 presented Kyleigh with a Purple Heart necklace, with a heart-shaped purple setting, and a certificate of appreciation.

For the year 2018, Chapter 708 presented Kyleigh with a set of Purple Heart-shaped earrings to go with her necklace and a certificate of appreciation.

Kyleigh baked her pecan pies, wrapped them in plastic wrap with the name of a local Purple Heart recipient attached to every pie locally in Northeast Arkansas.

Kyleigh is a very special young lady and has been recognized for her caring and selfless act. She has been on local news television programs and in the local newspapers. Kyleigh just turned 13 this year and she has a heart of gold.

Brandon Boone became a member of Chapter 708 in 2017 and they look forward to a long and rewarding relationship with Kyleigh and her family.

## More Region IV Events



CHAPTER 1000 serving a Christmas dinner to the families of deployed service members of Moody Air Force Base.



REGION IV COMMANDER Lazzara with Congressman Austin Scott. Representative Scott spoke at the Region IV Conference about his support for the Order and veterans within the community.



THE DEPARTMENT of Georgia attending the Governor's Veterans Breakfast.

## Fundraising Ideas

Purple Heart Chapter 730 hosts first annual Poker Night fundraiser



### Tax Donations

AARON A. WEAVER Chapter 776, from Lecanto, Fla., has teamed up with H&R Block and Block Advisors to bring donations into their chapter. For every new client who files their taxes with H&R Block or Block Advisors, \$20 will be donated to our chapter. The total donation amount is unlimited. A nonprofit referral ID is used when filing taxes with either of these businesses.



MOPH CHAPTER 820 members at Perry, Okla., Green Valley nursing home presenting blankets to the veteran residents.



FUNDRAISING BY CHAPTER 730 at a local Vons store was a huge success this past February.

NEWS & GATHERINGS HONORING THEIR SACRIFICE WITH OUR SERVICE



# Application for Life Membership

## Military Order of the Purple Heart



### Purple Heart Recipient

Eligibility: Any person of good moral character who is serving in or has served in one of the Armed Forces of the United States, or any foreign country, who can show proof of the award of the Purple Heart for wounds.

Evidence of the award of the Purple Heart must be submitted with the application. Certificate alone does not constitute proof of award. If discharged, discharge document such as a DD-214 must be provided reflecting character of service as honorable or general. For active duty, provide PCS orders, Purple Heart Orders and Purple Heart Certificate. There is no posthumous membership. All applications are subject to verification with the National Personnel Records Center and/or Service.

### Associate Member

For a parent, spouse, sibling, lineal or adopted descendant (child, grandchild or great-grandchild) of either a living or deceased Purple Heart recipient, evidence of the award of the Purple Heart and the relationship must be submitted with the application. If the Purple Heart recipient is living, the recipient must be a member in-good-standing of the MOPH and he/she must sign to acknowledge the relationship and consent for membership.

### Dues Schedule

Life Membership – \$50.00

Associate Life Membership – \$50.00

**Fees submitted with Application for Membership are NON-REFUNDABLE.**

PLEASE PRINT ALL INFORMATION

Member# \_\_\_\_\_ Chapter# \_\_\_\_\_

Applicant Name		Date of Birth	
Address		City	State
Phone(H)		(Work/Cell)	FAX
Recruited by (Print Name)		Relationship	
Next of Kin (Print Name)		Relationship	
Check one		<input type="checkbox"/> Associate Life Member	
Credit Card		<input type="checkbox"/> VISA	<input type="checkbox"/> MasterCard
Credit Card #		<input type="checkbox"/> Discover	<input type="checkbox"/> American Express
Applicant Signature		CVV # (required)	CVV # (required)
(required even if not paying by credit card)		Expiration Date	Expiration Date
Date		Date	

All applicants must complete form below and send with payment to: MOPH National Headquarters  
5413-B Backlick Road, Springfield, VA 22151 www.purpleheart.org membership@purpleheart.org 888.668.1656

See above for Dues schedule.

MOPH use only

**Purple Heart Recipient** MOPH Bylaws require that a copy of the document that supports the award of the Purple Heart medal must accompany each application. A copy of documentation submitted will be retained on file for future reference. Evidence of the award of the Purple Heart must be submitted with the application. Certificate alone does not constitute proof of award. If discharged, discharge document such as a DD-214 must be provided reflecting character of service as honorable or general. For active duty, provide PCS orders, Purple Heart Orders and Purple Heart Certificate. There is no posthumous membership. All applications are subject to verification with the National Personnel Records Center and/or Service.

☐ DD-214 ☐ DD-215 (supported by DD-214) ☐ Orders plus PH Certificate ☐ WD AGO 53-55

**Service** ☐ Army ☐ Navy ☐ Air Force ☐ Marines ☐ Coast Guard

**War Wounded** ☐ WW2 ☐ Korea ☐ Vietnam ☐ OEF ☐ OIF ☐ OND ☐ Other

Date entered service \_\_\_\_\_ Date Departed Service/Discharged \_\_\_\_\_

Date wounded \_\_\_\_\_ Location of Engagement \_\_\_\_\_

Commissioning source: \_\_\_\_\_

Have you been convicted of a Felony? ☐ Yes ☐ No

**Associate Member** Documentation of relationship and proof of Purple Heart award required.

Name of Purple Heart Recipient \_\_\_\_\_

Member# & Signature \_\_\_\_\_ Chapter# \_\_\_\_\_

I acknowledge the relationship and consent for associate membership (if applicable)

**Purple Heart documentation** ☐ DD-214 ☐ DD-215 ☐ Orders plus PH Certificate ☐ WD AGO 53-55

**Relationship of Applicant to PH Recipient** ☐ Parent ☐ Spouse ☐ Sibling ☐ Child ☐ Grandchild ☐ Great-Grandchild

**Relationship documents** ☐ Birth Certificate ☐ Adoption Papers ☐ Marriage Certificate ☐ Casualty Report

The National Adjutant will make the final determination on eligibility. Altered documents constitute automatic denial of membership. Payment for dues is not deductible as a charitable contribution according to the Internal Revenue Code. Dues include subscription to the Purple Heart Magazine.

All information and requirements are subject to change without notice.

(Effective 10/4/18)

# Price List

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## HEADQUARTERS SUPPLY LIST

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Effective January, 2016

Prices Include Shipping & Handling

All Orders Must Be Pre-Paid – VA Residents Add 5% Sales Tax

NOTE: Check Return Fee of \$45 per Returned Check

Orders can be placed online through your Netforum Membership Portal

**Questions: [supply@purpleheart.org](mailto:supply@purpleheart.org)**

### Chapter & Department Flags & Banners

Please Note: Custom Orders are screen print

Item #S3000	Department Flag – White & US Color Set 4 1/3 x 5 1/2	Complete set with accessories to include: stands, flag poles, gilt eagle & gold spear, fringed chords, dust covers & flag carrying belts	\$450.00
Item #S3001	Department Flag – White 4 1/3 x 5 1/2 (Nylon)	Complete set with accessories to include: stand, flag pole, gold spear, fringed chord, dust cover & flag carrying belt	\$320.00
Item #S3002	Chapter Flag – Purple & US Color Set 4 1/3 x 5 1/2	Complete set with accessories to include: stands, flag poles, gilt eagle & gold spear, fringed chords, dust covers & flag carrying belts	\$450.00
Item #S3003	Chapter Flag – Purple & 4 1/3 x 5 1/2 (Nylon)	Complete set with accessories to include: stand, flag pole, gold spear, fringed chord, dust cover & flag carrying belt	\$320.00
Item #S3004	US Flag Fringed 4 1/3 x 5 1/2	Complete set with accessories to include: stand, flag pole, gilt eagle, fringed cord, dust cover & flag carrying belt	\$210.00
Item #S3010	Banner – Purple & Gold	Includes all accessories	\$275.00

### Outdoor Flags

Please Note: Custom Orders are screen print

Item #S3005	Custom Outdoor Flag – 4' x 6' – Purple	Flag with white screen printed lettering – custom order item	\$300.00
Item #S3006	Custom Outdoor Flag – 4' x 6' – White	Flag with white screen printed lettering – custom order item	\$300.00
Item #S3007	Outdoor Flag – 3' x 5' – Purple	Flag with white screen printed lettering	\$70.00



# Application for Membership

## Auxiliary Military Order of the Purple Heart



Parents, grandparents, spouses, widows, widowers, siblings, children, and grandchildren of persons who have been awarded the Purple Heart by the Armed Services of the United States and to those who served in the Armed Forces and have received the Purple Heart decoration in their own name.

Such membership is subject to conditions set forth in Article 1 of the bylaws of the MOPHA. Life and Associate Memberships are available. Contact the National Secretary.

Membership of the Patriot must be verified through certified evidence of the Purple Heart Award.  
Dues include subscription to the Purple Heart Magazine.

### Dues Schedule

Life Membership – \$50.00

Associate Life Membership – \$50.00

### **Fees submitted with Application for Membership are NON-REFUNDABLE.**

*Payment for dues is not deductible as a charitable contribution according to the Internal Revenue Code*

### PLEASE PRINT ALL INFORMATION

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_  
I am the \_\_\_\_\_ of (Medal Holder's Name) \_\_\_\_\_  
who was awarded the Purple Heart Medal by the U.S. Government.  
He/she ☐ (is) ☐ (is not) an Active Member of MOPH Chapter # \_\_\_\_\_  
Membership must be certified\* by CHAP. ADJ or Copy of Award must accompany this application.  
Applicant's Signature \_\_\_\_\_  
Sponsor \_\_\_\_\_  
\* Certified by \_\_\_\_\_  
Witnessed by \_\_\_\_\_  
Date \_\_\_\_\_ Unit # \_\_\_\_\_ Birthdate \_\_\_\_\_  
Complete and mail to: Tara Waugh, 190 E. Olmstead Dr. C-12, Titusville, FL 32780  
Email: tara@purpleheartmi.com

Check one:

☐ Life

☐ Associate

\*Must be signed by the  
Chapter or Department  
Adjutant to certify that the  
Patriot listed above is/was  
eligible for membership in  
the MOPH.

### FOR INTERNAL USE ONLY—DO NOT WRITE IN THESE SPACES.

Date Received \_\_\_\_\_  
Type Member \_\_\_\_\_  
Certification by \_\_\_\_\_  
Amount Paid \_\_\_\_\_  
Member # \_\_\_\_\_



# **MILITARY ORDER OF THE PURPLE HEART AUXILIARY SUPPLY LIST 2018-2019**

101	MOPHA LOGO PIN 1 or 2 pins \$6.00 each, 3 or more pins \$5.00 each per order	
102	LIFE MEMBER PIN	\$12.00
103	UNIT PRESIDENT PIN	\$10.00
104	PAST UNIT PRESIDENT PIN	\$12.00
105	DEPARTMENT PRESIDENT PIN	\$10.00
106	PAST DEPARTMENT PRESIDENT PIN	\$12.00
201	PATCH – MOPHA LOGO, embroidered 3 x 2 1/2 inch	\$ 6.00
204	PATCH – Life Member, embroidered ¾ x 3 inch	\$ 3.00
205	PATCH – Associate Member, embroidered ¾ x 3 inch	\$ 3.00
401	FLAG SET – American and MOPHA 4"x 6" on 10" pole w/stand 3 piece set \$15.00 ....MOPHA FLAG only \$8.00	
402	CHARTER – Department or Unit, includes 10 names (add \$1.00 per additional name)	\$50.00
403	CBL – Constitution, Bylaws, Rules & Regulations, Rituals, and Standing Rules – Specify Large or Small	\$13.00
405	DIRECTORY 2017–18	\$ 5.00
406	CONVENTION MINUTES on Disc	\$ 5.00
407	MEMBERSHIP CARD REPLACEMENT (Contact Membership Officer)	\$ 5.00
409	BOOKMARKS package of 25 (prewrapped)	\$ 5.00

ALL prices include shipping charges. No tax.

ALL other items are in the works and will be released when available.

**Make check or money order payable to: MOPHA**

**Orders should be sent to:**

**Judy Fiddler – National Secretary MOPHA**

**1231 – 13th St. SE**

**Massillon, OH 44646**

**Email: [mophauxsec@gmail.com](mailto:mophauxsec@gmail.com)**

**MAIL ORDER ONLY**

MOPHA caps are ordered through Keystone Uniform Cap Corporation  
2251 Fraley Street, Philadelphia, PA 19137 • Phone: 215-821-3434 • Fax: 215-821-3438  
Online orders can be processed at: [www.keystoneuniformcap.com/MOPHA](http://www.keystoneuniformcap.com/MOPHA)



## 'The Year Of The Unit' Updates

**W**E ARE EXCITED TO REPORT that many of our units have already participated in the MOPH Helping our Veterans (HOV) program! In the few past months, HOV funds sponsored holiday parties and provided gift cards to homeless veterans in Georgia; sponsored an afternoon tea for women veterans in California; provided gift baskets for women veterans in Ohio; helped homeless veterans in Mississippi with food baskets; facilitated making lap robes for veterans in Minnesota; and various other projects throughout the country. In this Year of the Unit, we want to provide our members with opportunities and resources to help veterans on a local level. This program funds projects at the unit level for the benefit of our veterans. Please contact me if your unit or department would like to participate in the HOV program!

This year, MOPHA member Rachel Perez is chairing a committee to develop programs targeting our junior members. Junior members are under the age of 14. Our new name permits inclusion of extended family members, so we hope to reach out to these junior members to promote more family-friendly activities. This spring, the committee will initiate a plan to ask junior members to participate in a photo project with their Purple Heart recipient and to describe what the member means to them. The photo project will be on display at our national convention. Please encourage your junior members to participate!

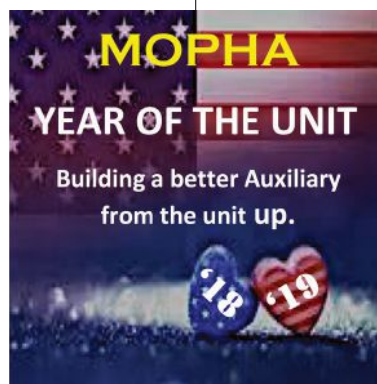
Recognizing that the key to a strong organization is ongoing communication, the MOPHA leadership team initiated monthly video calls for all of our members. The monthly calls allow all members to participate! The latest news, updates and plans are discussed, as well as an opportunity for members to ask questions. It is wonderful to see everyone on the call and to share in-

formation with our members! Topics for future calls will include information on the department conventions and the national convention, as well as news about the MOPHA. The videoconferences are free and can be accessed via computer, iPad or by calling in. A monthly reminder

is sent with the login information for the calls. Please join us for our monthly calls on the third Thursday of each month at 8 p.m. EST, 5 p.m. PST. The calls last no longer than one hour. (If you are not receiving the notices about the monthly calls, please contact your unit or me.)

Are you receiving the National General Orders from the MOPHA?

Do we have your current email address and phone number? Did you know you are able to update your own information by logging in to the MOPHA website: <http://mopha.purpleheart.org>. If you need help, please contact our Membership Officer, Tara Waugh at [mophamembership@gmail.com](mailto:mophamembership@gmail.com). ✱





# ★ ★ ★ ★ A U X I L I A R Y ★ ★ ★ ★ NATIONAL OFFICERS 2018-2019

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**FINANCE 3 YEAR**

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**ANGELIQUE HERRAN (Jeff)**

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## RESOURCE OF THE MONTH: VA MOBILE HEALTH

The Veterans Administration (VA) has an APP Store! VA Mobile Health aims to improve the health of Veterans by providing technologies that expand clinical care beyond the traditional office visit. The VA apps are developed for both Veterans and VA care teams, offering safe and secure mobile access to patient data, and providing more opportunities for Veterans to be active participants in their health care. VA Mobile Health underscores VA's commitment to transforming the way care is delivered and to improve communications and health care coordination between Veterans and their care teams. VA recognizes that mobile health is emerging as an essential element of health care, and is dedicated to providing the most up-to-date technologies to enhance patient experiences. Some of the APPS available include the PTSD COACH, The MINDFULLNESS COACH, RX REFILL, VA ONLINE SCHEDULING, ASK A PHARMACIST, and many more.

To access available apps, visit <https://mobile.va.gov/appstore/veterans>

(Note: A VA Logon may be required for some apps)



## Membership Outreach

**H**AVE YOU TALKED TO SOMEONE LATELY who is eligible for membership but hasn't joined our Auxiliary? Are you friends on Facebook with those who are spouses, kids, parents or siblings of Purple Heart recipients? What is keeping you from asking them to join you at your next unit or department event? Pick up the phone or drop them a quick note to say, "I just wanted to reach out and invite you."

Reaching out to your current members is also a great place to start. Ask if they have others in their family eligible to join that could attend with them. Now that unit and department officers can pull their rosters online, it is easy to create mailing labels to send something out to members.

This year National President Petrini asked me to serve on a committee to investigate and report on post-9/11 membership outreach, specifically on ways our units can include and reach the most recent generation of potential members.

Overall suggestions include having family-friendly events like hosting a summer picnic, BBQs or even a potluck at meetings. Some are reaching out to local college veteran student groups. However, we have to make our units and departments desirable to be a part of. We have to be inviting, welcoming and inclusive of newcomers.

While working on a couple of surveys dealing with participation in veteran organizations between 2016 and the present, it's no surprise that aging members and lack

of participation are the top challenges to membership. Other challenges include the time or location not being convenient. Did you know that the top reason why people participate is because they want to "help others"? A few note that strife and not getting along with members play a role in lack of participation.

We must be mindful of the atmosphere of our gatherings. To attract new or younger members, we have to give them space and provide a sense of purpose. New members likely don't want to just come and sit through a meeting. They want to take part and be active. Most people desire to give back, to be part of projects and outreach to veterans in their local communities. Maybe your unit can start a project with funding from the HOV (Helping Our Veterans grant) or reach out to Senior Heroes and honor them in some way (email the national president for details on these programs)

We have many remarkable units and amazing members. If you see areas where you can improve, make changes now to keep our organization alive and thriving. ✧

### CHANGES AND SUBSCRIPTIONS

Please send **ADDRESS** changes, **DEATH** of a Member & **SUBSCRIPTIONS** to:

**MOPH:** MOPH National Headquarters [membership@purpleheart.org](mailto:membership@purpleheart.org)  
5413-B Backlick Road, Springfield, VA 22151 • Voice (703) 642-5360 • Fax (703) 642-1841

**MOPHA** (Address & death changes): [Tara Waugh Tara@purpleheartmi.com](mailto:Tara.Waugh@purpleheartmi.com)  
190 E. Olmstead Dr. C-12, Titusville, FL 32780



Molly Ware, Region IV President

## REGION IV EVENTS

**R**EGION IV STARTED 2019 off by hosting its Annual Conference on January 26 in Valdosta, Ga. The leadership began by working hard to establish the year's priorities and objectives. Accomplishments that derived from the conference included:

- identifying the processes the region would incorporate into regular business,
- meeting the 2018 MOPH Auxiliary National Convention theme "Year of the Unit" that was set by the MOPH Auxiliary's National President,
- introducing the School of Instruction agenda, and
- presenting events from the Region's Departments and Units.

NOTE: Among the distinguished guests at the conference were Susie Peney, a Gold Star Mother, and a Veterans Administration Service Officer.

SHOWN are pictures from the 2019 Region IV Conference



## REGION IV EVENTS



### Highlights of Department/Unit Reports

#### Dept. of Florida:

- Department Convention will be held April 12 and 13.
- Donated to Fisher House in Tampa.
- Participated in Wreaths Across America.

#### Unit 566 – Pensacola, Florida:

- Donated picnic benches.

#### Unit 465 – Atlanta, Georgia:

- Met with veterans who are having benefit problems.
- Working with veterans to get reclassified to honorable discharge.

#### Unit 425 – Augusta, Georgia:

- Received Helping Our Veterans funds in December 2018 of \$250 and used at the VA Medical Center.

#### Unit 596 – Georgia:

- A Unit 596 member donated \$7,000 to purchase a Tiny Home in a community the city of Savannah is building. Ten of the homes are dedicated for use by homeless veterans.

#### NC Unit Activities:

- Made small lap robes to patients at VA hospitals.
- Raised funds for flights for veterans to Washington, D.C.

# MOPHA In Memoriam



Reported as of February 1, 2019\*

Name	DEPT	Unit	Deceased
Floyce Adams	MS	NML	3/25/16
Susan Alford	OK	589	8/28/17
Eula Allison	TN	NML	2/23/15
Josephine Alunno	CA	DML	3/15/06
Margie Amarillas	CA	DML	5/17/14
Sally Anderson	ME	NML	9/27/18
Lorraine Bain	TX	1952	5/23/14
Christine Balint	CT	NML	6/29/14
Gloria Ballantyne	CA	DML	6/12/11
Frances Banghardt	NJ	NML	4/1/00
Christine Bardill	TN	NML	3/5/16
Sarah Barison	AZ	NML	11/5/02
Odessa Barton	AL	NML	10/17/12
Lorraine Beninato	LA	1955	4/26/17
Mary Bennett	TN	NML	12/17/14
Agnes Bishop	IN	NML	3/6/12
Bess Blissard	NC	638	9/30/10
Christine Bock	MO	NML	11/9/11
Mary Brabant	MO	NML	5/24/17
Myrtle Brandon	VA	NML	6/12/16
Doris Braun	CA	DML	3/24/11
Mabel Brunner	AZ	NML	11/30/13
Gladys Bryan	TX	1836	2/17/12
Ruth Bryant	IA	NML	1/8/09
Lillian Busby	MN	268	4/11/14
Jane Cadeau	MI	DML	8/30/15
Vergie Caple	MO	NML	8/24/14
Waunita Caraway	WA	NML	4/9/06
Julia Carter	VT	NML	5/30/16
Juliette Cecchi	CA	15	12/15/83
Anna Chaney	OK	589	12/11/15
Stella Chavez	NM	NML	10/16/04
Mary Chergo	CO	375	5/14/11
Mary Cholish	FL	NML	12/31/08
Irene Chubbee	OK	589	8/31/17
Jean Clark	FL	NML	2/13/13
Ruby Clevenger	IN	NML	5/19/02
Connie Clouser	TN	NML	3/11/13
Diane Coates	MI	127	12/21/2018
Alice Cole	OR	72	7/4/10
Marjorie Coleman	MO	NML	6/15/11

Name	DEPT	Unit	Deceased
Leta Collins	TN	NML	1/31/14
Lucille Cook	NJ	NML	4/28/18
Norma Corrado	OH	31	12/23/18
Melita Cox	CA	DML	9/17/10
Elizabeth Crawford	TX	DML	2/2/16
Consuelo curly	KS	NML	7/1/16
Lorraine Curtin	NY	DML	2/15/03
Katherine D'Angelo	PA	NML	1/13/13
Velma Dablemont	MO	NML	10/15/16
Doris Davo	TX	1849	4/24/05
Mary De La Torre	AZ	NML	5/20/10
Maria DeBusk	VA	NML	3/4/16
Placida DeWitt	CA	DML	6/9/11
Phyllis Dihel	WA	NML	6/1/13
Norma Durkee	CA	DML	9/4/12
Ellora Easley	AZ	NML	11/26/16
Angelica Edwards	CA	DML	11/30/10
Lydia Epple	FL	741	11/11/11
Sophie Ferens	NY	DML	10/23/10
Pauline Ficus	MO	NML	3/18/13
Lois Fields	TN	NML	1/29/04
Nan Fletcher	TX	1952	2/20/16
Anna G Flynn	DE	1787	August 2018
Joan Franz	ME	NML	10/25/16
Doloras Fryhling	MT	NML	10/23/18
Rose Galkin	CA	DML	4/14/00
Ana Garca	TX	1849	10/18/12
Alma Gendron	NH	NML	10/29/16
Jacqueline Gilman	SC	NML	11/11/16
Bettie Glester	MO	NML	2/23/05
Bonita Gongre	LA	DML	4/7/13
Mary Grant	AL	NML	4/27/18
Elaine Gear	NJ	NML	11/20/14
Elsie Green	FL	NML	9/25/10
Angie Griesbeck	TN	NML	10/28/11
Mary Grijalva	NM	NML	6/14/17
Rose Grout-Nordholm	OR	NML	12/23/09
Lucille Guanella	MN	8	7/5/11
Emma Hall	MO	NML	10/16/16
Jerry Hammer	NE	NML	9/17/16
Rita Hannan	NY	21 (DML)	11/10/2018

Name	DEPT	Unit	Deceased	Name	DEPT	Unit	Deceased
Marie Hansen	TX	393	1/13/14	Irene Martin	TX	393	11/15/16
Georgia Harmeyer	MO	NML	10/27/17	Mildred Matkovich	MI	91	4/25/14
Barbara Headrick	TN	NML	4/1/03	Jean McCardle	MS	803	12/16/02
Ione Hebeisen	TX	393	3/6/07	Thelma McClelland	LA	1996	4/21/14
Irene Hems	PA	NML	3/20/16	Thelma McDaniel	WV	NML	4/19/13
Dorothy Higbee	CA	DML	3/6/10	Luise McKenna	MI	1985	6/16/18
Inis Hill	OR	NML	1/24/16	Tommie McKinney	TN	NML	3/15/12
Arlene Hinton	NY	NML	5/31/08	Sandra McLain	TN	NML	8/3/14
Tommie Hipsher	TN	NML	7/12/18	Jewel McRae	MI	1985	1/6/18
Lorene Holloway	KS	NML	9/23/09	Hazel Mealka	AZ	NML	12/16/10
Mary Holt	AR	NML	6/9/13	Helen Menard	FL	NML	9/7/08
Margaret Huffman	TN	NML	6/25/16	Mary Merz	AZ	NML	5/8/17
Sylvia Huggans	WY	NML	1/15/13	June Meyer	NC	NML	4/28/05
Rose Marie Isner	OH	718 (DML)	06/25/2018	Betty Miles	MI	91	7/14/18
Eleanor Jasper	NY	DML	2/3/16	LaVerne Miller	IL	NML	5/1/15
Christine Johnson	AZ	NML	2/27/13	Betty Mineau	MI	1985	9/10/14
Lillian Johnson	FL	535	12/5/98	Dorothy Monfette	VT	NML	3/7/17
Caroline Jones	MN	268	12/30/13	Alice Moore	WA	NML	10/31/10
Fern Justice	CA	DML	3/6/05	Myrtle Morelle	MT	NML	3/19/07
Gwendolyn Kasper	FL	NML	8/15/15	Joan Mullins	MO	NML	1/4/16
Lillie Kee	TX	1952	4/28/15	Shirley Myers	MD	NML	12/1/10
Violet Kilgore	TX	1849	3/18/18	Tessie Nay	KS	NML	6/26/11
Mary King	TN	NML	8/18/18	Kathryn Neal	AL	NML	6/18/08
Leila Kneisel	CA	DML	5/16/18	JoAnne Nelson	TN	NML	10/14/09
Mary Knitter	FL	NML	4/9/17	Patricia Newton	KY	146	8/26/17
Joan Kogutz	MI	127	5/3/13	Helen Norris	OK	NML	9/25/16
Elaine Krause	MI	DML	4/18/16	Rachel O'Connor	AL	NML	9/4/15
Helen Kunz	-	DML	December 2018	Claire L Ogata	CA	DML	04/15/2018
Mildred Kuptz	WI	162	-	Gertrude Ogden	TX	393	5/14/16
Dorothy Laurance	OR	NML	4/17/12	Susan Ogle	OK	589	11/12/18
Earlene Ledford	MS	690	5/14/17	Dora Otero	TX	393	9/9/18
Regina Lewis	TN	NML	7/22/04	Amanda Owens	AR	NML	1/27/17
Dean Lindsay	AL	NML	2/14/16	Shirley Owney	NC	638	8/26/11
Anna Logoda	NJ	NML	August 2014	Marilyn Painter	MO	NML	10/4/11
Daisy Lombardi	CA	NML	6/12/17	Ida Paknik	WV	NML	9/8/15
Pauline Long	TX	DML	6/28/16	Leona Parko	AR	NML	5/9/12
Nancy Lopez	TX	1952	12/16/12	Harman Parman	TX	1849	11/23/09
Nina Luckow	IL	323	3/7/13	Helen Partridge	AL	NML	2/13/18
Alma Lundberg	MT	NML	6/17/17	Josephine Patino	TX	393	3/18/15
Mary Mackenzie	NJ	NML	2005	Juanita Patterson	AR	NML	1/5/10
Marion Mahoney	FL	NML	9/30/16	Martha Pearce	AR	NML	4/25/13
Imelda Mann	AL	NML	8/9/08	Goldie Peregoy	WY	NML	9/11/03

Name	DEPT	Unit	Deceased	Name	DEPT	Unit	Deceased
Dorothy Peters	TX	1849	10/21/13	Mary Smith	FL	NML	6/16/07
Sarah Peterson	NY	3	10/8/11	Joanna Smith	FL	NML	8/2/12
Poley Petty	TN	NML	7/5/16	Lucille Snider	TX	393	11/8/14
Norma Pfaller	MA	NML	4/22/15	Irene Somers	IL	144	1/15/18
Annie Phillips	TN	NML	8/28/14	Betty Spencer	AR	NML	4/6/13
Ann Piccioca	NY	DML	8/15/18	Patsy Spivey	GA	425	8/4/11
Catena Piti	SD	NML	11/3/16	Nellie Sponaugle	MD	NML	2/8/17
Helen Popwell	AL	NML	9/21/12	Margaret Staley	IN	NML	9/7/17
Bettye Poteete	OK	589	11/3/15	Lillian Steele	TX	1836	6/3/07
Esther Powell	WA	72	7/9/15	Dora Steinert	KS	NML	3/2/15
Audra Powers	AR	NML	11/16/12	Elsie Stem	TN	NML	11/21/13
Eugenia Rackis	MD	NML	5/8/07	Suzanne Stensby	TN	NML	10/1/15
Glynn Radulski	MI	NML	4/2/16	Katherine Stephenson	AR	NML	7/24/07
Sandra Raley	KY	146	6/8/16	Benita Sterne	AL	NML	8/8/15
Iris Raymer	VA	NML	10/4/09	Wanda Sultzer	MO	NML	4/14/06
Edna Reid	OR	NML	3/5/02	Marilyn Swan	TX	1919	12/20/17
Patricia Reigel	PA	390	7/29/18	Helen Swatzyna	TN	NML	3/18/17
Virginia Reinagel	TN	NML	9/9/12	Lucy Taylor	AL	NML	4/19/13
Mattie Robinson	TN	NML	8/2/10	Elva Tibbit	TX	1849	1/20/17
Lois Rodriguez	MD	NML	1/17/17	Evelyn Tyser	NE	200	1/20/15
Margie Roller	AR	NML	6/24/14	Rosenda Vargas	TX	393	12/8/15
Emma Romo	NM	NML	12/20/17	Janith Vinton	MI	37	12/22/14
Betty Rose	MI	110	3/26/13	Stephanie Wachowicz	IL	575	12/30/10
Doris Ross	MI	1985	2/12/14	Joan Waite	OR	NML	4/15/12
Theda Rounds	FL	NML	2/11/15	Emmagene Wakefield	TN	NML	5/30/15
Pauline Sabatelli	CA	DML	9/14/06	Margaret Walsh	NJ	NML	3/23/10
Catherine Sacco	CA	49	6/12/2016	Faustina Walton	TX	1849	4/9/11
Ethel Sampson	TX	1952	8/12/13	Camella Warner	WV	697	10/31/17
Virginia Sanders	WA	NML	3/21/08	Olivia Weaver	MD	NML	1/17/14
Blanche Sanders	TN	NML	12/25/14	Barbara Webb	NH	NML	8/8/16
Sarah Saunders	CA	DML	3/16/11	Mary Wendland	NE	NML	7/16/16
Grayce Saville	MD	NML	11/4/15	Dora Wensky	MO	NML	8/28/09
Dorothy Schuitema	MI	91	3/31/17	Alma Whitaker	TX	1952	3/22/17
Eugenia A. Schulte	NE	260	12/21/2018	Pauline Wickham-Mizik	OH	743	9/16/17
Rosalie Schultz	CA	NML	6/25/12	Martha Wilken	AR	NML	1/13/12
Mary Self	AL	NML	7/26/07	Ellen Wilson	CA	DML	8/3/18
Mary Sharp	TN	NML	11/15/16	Doris Wittebort	FL	NML	4/29/14
Edith Shepard	AR	NML	9/25/12	Rosella Wooden	IN	NML	1/18/03
Myrtle Sherburn	WA	NML	12/31/12	Nancy Wymer	FL	NML	3/31/15
Aileen Shoptaugh	OR	NML	3/24/15	Carole Yates	OR	NML	11/18/17
Eleanor Singh	TX	393	4/3/12				

\* As reported to the MOPHA National Chaplain, per Bylaws Article VIII, Section 6 requirements

## A Time Of Rebirth

**T**HE FIRST DAY OF SPRING this year is March 20. Spring is a time of renewal, new growth and rebirth of many things in our earthly realm. Animals come out of hibernation, flowers start to bloom and trees grow leaves, many turning beautiful shades of green and bearing fruit. The sun shines longer and we shed our winter coats to bask in the bright sunshine. It is truly a time for pure joy and warmth. This is the time of year that we are reminded of the crucifixion and the resurrection, a reminder that God's only son was crucified, died on the cross and arose from the grave so that man could have eternal life in heaven. Jesus' death and resurrection gives us each a chance at new life, and is a time for rebirth in our lives.

This is a time when many of our young men and women, graduating from high school and college, will make the decision to join our military. This is a point of new growth for each of them. They will go from being protected by their parents and family to learning how to be protectors of this great nation. This is their time of rebirth.

All the above at one time were tiny seeds or bulbs

that were planted during the fall. They have all germinated and are all starting to bloom during the spring. Let each of us give thanks for all the people and things that are blooming in our lives, put them all in a beautiful spring bouquet wrapped with a ribbon of love. Let each of us pray to our Lord and savior with deep supplication for all our loved ones, our sick and shut-ins, our bereaved, first responders, all in authority.

Due to the diligence and hard work of Senior Vice Cheryl Perez and the membership development program efforts to update our rosters, our MOPHA memorial will have 248 deceased members; please pray for them also. They have transitioned from our earthly realm but not forgotten. They should also be a part of our spring bouquet. Last but certainly not least let us all pray that God will continue to bless the United States Of America. ✧

*"To everything there is a season, and a time to every purpose under the heaven:*  
Ecclesiastes 3:1



## ARE YOU ENROLLED ON THE ROLL OF HONOR at the National Purple Heart Hall of Honor?

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PURPLE HEART  
HALL OF  
HONOR



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**We rely on family, friends and Purple Heart recipients to share their stories with us. We need your help to build the Roll of Honor database containing these stories.**

*To learn more about the Hall of Honor, sharing your story and free enrollment please visit our website at: [www.thepurpleheart.com](http://www.thepurpleheart.com) or call the National Purple Heart Hall of Honor at 845.561.1765.*



The Hall of Honor is part of the Palisades Interstate Park Commission which administers 27 parks, parkways and historic sites for the Office of Parks, Recreation & Historic Preservation in NY.

# Taps

Please note that Taps are organized by department and then alphabetized by last name.

Dept	Chapter	Name	Service	War
AL-4	2203-AL-4	William F Armfield	AR	W2
AL-4	2205-AL-4	Kenneth G Clements	AR	VN
AZ-6	0691-AZ-6	John S Lynch	AF	VN
AZ-6	0691-AZ-6	Lewis D Payne	AF	W2
AZ-6	DML-AZ-6	Floyd T Landers	AR	W2
AR-5	0431-AR-5	Darrel B Couch	AF	VN
AR-5	0431-AR-5	Charles E Forsyth	AR	W2
AR-5	0460-AR-5	Russell E Salomo	AR	W2
CA-6	0106-CA-6	Ramon Colmenero	AF	VN
CA-6	0106-CA-6	John Marquez	MC	VN
CA-6	0106-CA-6	Robert W Ogle	AR	W2
CA-6	0385-CA-6	Charles L Linden	AR	KR
CA-6	0385-CA-6	James B Welch	MC	W2
CA-6	1898-CA-6	Henry Sturns	AR	VN
CO-5	0375-CO-5	Joseph L Anello	AR	VN
CO-5	0592-CO-5	James J McGinley	AR	W2
DE-1	1787-DE-1	George L Harris	AR	W2
DE-1	9377-DE-1	Ronald K Lundy	MC	VN
FL-4	0087-FL-4	Walter Scott Blomeley	MC	KR
FL-4	0316-FL-4	Myrtle L Bellas		
FL-4	0453-FL-4	Perry L Jackson	AR	VN
FL-4	0535-FL-4	Bernard P Coville	AR	KR
FL-4	0696-FL-4	James E Graham	AR	KR
FL-4	0717-FL-4	Rocco Caggiano	MC	VN
FL-4	0795-FL-4	Thomas Arthur Dolan	NV	KR
GA-4	0425-GA-4	Ruben Berrios-Burgos	AR	VN
GA-4	0425-GA-4	James V Chambers	AR	W2
GA-4	0425-GA-4	James L Reed	AR	W2
GA-4	0465-GA-4	Joel R Shattles	AR	W2
GA-4	0465-GA-4	Roger W Sheridan	AR	W2
GA-4	0492-GA-4	Bobby Q Brock	AR	VN
GA-4	0525-GA-4	William D Boleman	AR	W2
GA-4	0525-GA-4	Melburn J Hibbard	NV	W2
GA-4	0531-GA-4	Leroy Bertram	AR	W2
GA-4	0596-GA-4	Robert L Buchanan	AR	W2
GA-4	0596-GA-4	James S Munday	AR	W2
GA-4	0596-GA-4	Jasper G Webb	AF	W2
GA-4	DML-GA-4	Wm E Knight	NV	VN
GA-4	DML-GA-4	Warren H Marchant	AF	W2
GA-4	DML-GA-4	Hudman Mock	AR	KR
ID-3	0509-ID-3	Luis Berrio-Ochoa	AR	W2
IL-2	0142-IL-2	Robert A White	AR	W2
IL-2	0575-IL-2	Rudolph E Huisinga	MC	W2
IN-2	0721-IN-2	Benjamin Flores	AR	VN
IN-2	0855-IN-2	William H Dodt	MC	W2
IA-2	0777-IA-2	George M Kremenak	AR	W2
IA-2	0777-IA-2	John A Tymeson	AR	VN
IA-2	1979-IA-2	Lloyd H Meier	AR	W2
IA-2	1979-IA-2	Jesse Joseph Rodriguez	MC	VN
KS-5	7777-KS-5	Paul J Kalowski	AR	VN
KY-2	0585-KY-2	Willie D Allen	AR	VN
KY-2	2021-KY-2	Willis J Ralls	AR	VN

Dept	Chapter	Name	Service	War
LA-5	0331-LA-5	Ernie Lane Carrier	AR	VN
MA-1	DML-MA-1	Russell Shurtleff	AR	W2
MI-2	0037-MI-2	Raymond C Hughson	AR	W2
MI-2	0091-MI-2	Jeff R Scribner	AR	VN
MI-2	0127-MI-2	Clifford H Vannest	AF	W2
MN-2	0008-MN-2	Thomas B Horsman	AR	W2
MN-2	0008-MN-2	William C Lilledahl	MC	KR
MN-2	0008-MN-2	Patrick D Murphy	AR	W2
MN-2	0008-MN-2	Henry H Nelsen	AR	W2
MN-2	0056-MN-2	Donald G Scanlon	AR	VN
MN-2	0194-MN-2	Lawrence A Seek, Sr	MC	VN
MS-4	0677-MS-4	James C Foster	MC	W2
MO-2	0125-MO-2	Watson Earl Babb	AR	KR
MO-2	0125-MO-2	Leroy K Bergee	MC	KR
MO-2	0125-MO-2	David E Boaz	AR	VN
MO-2	0125-MO-2	Elmer G Brandhorst	NV	W2
MO-2	0125-MO-2	Fay Edward Deleary	AR	VN
MO-2	0125-MO-2	Jack Goldman	AR	W2
MO-2	0125-MO-2	James J Harnes	AR	W2
MO-2	0125-MO-2	Glenn J Hellebusch	AR	W2
MO-2	0125-MO-2	Ralph M McKelvey	AR	W2
MO-2	0125-MO-2	David Parisotto	AR	KR
MO-2	0125-MO-2	Donald L Pearce	MC	VN
MO-2	0125-MO-2	George W Schultz	AR	VN
MO-2	0125-MO-2	Harold R Schultz	AR	KR
MO-2	0125-MO-2	Phillip G Sheaffer	AR	VN
MO-2	0125-MO-2	Daniel L W Taylor	AR	VN
MO-2	0125-MO-2	Earl E Trail	AR	W2
MO-2	0140-MO-2	Joel Rodriguez	AR	IF
MO-2	0605-MO-2	Paul S Boyd	AR	VN
MO-2	0605-MO-2	George E Guyer	MC	W2
MO-2	0605-MO-2	Edwin W Wallace	AR	W2
MO-2	0621-MO-2	Earl G Denyer	AR	VN
MO-2	0621-MO-2	James M Forester	AR	VN
MO-2	0621-MO-2	Lewis O Haselwood	AR	KR
MO-2	0621-MO-2	Robert H Monroe	MC	VN
MO-2	0784-MO-2	Ernest S Combs	AR	W2
MO-2	0821-MO-2	Owen Zeigler	AR	AF
MO-2	DML-MO-2	Theodore J Missey Jr	AR	VN
MO-2	DML-MO-2	William H Walker	MC	VN
NJ-1	0026-NJ-1	Mitchell L Singleton	MC	VN
NJ-1	0036-NJ-1	James C Jamison	MC	VN
NJ-1	0036-NJ-1	Gregory C Mazzotta	AR	VN
NM-5	1966-NM-5	Ralph R Waddington	AR	VN
NY-1	1101-NY-1	Carl A Marretta	AR	W2
NC-4	0634-NC-4	James B Crump	AR	W2
NC-4	0636-NC-4	George Fox	MC	W2
NC-4	0636-NC-4	Eugene C McCarley	AR	VN
NC-4	0638-NC-4	David C Smith	AR	VN
NN-1	0614-NN-1	Paul A LaFountain	AR	VN
NN-1	0628-NN-1	Dean M Howarth	AR	VN
OH-2	0031-OH-2	Raymond H Gaier	AR	KR
OH-2	0620-OH-2	Harry L Bud Baker	AR	W2



## Taps

Dept	Chapter	Name	Service	War
OH-2	0643-OH-2	Theodore Ray Stallbaum	AR	VN
OH-2	3620-OH-2	Robert J Klosterman	AR	VN
OK-5	0602-OK-5	Ralph F Mattioli	AR	VN
OK-5	0602-OK-5	Wayne R McConnell	AR	W2
OR-3	0305-OR-3	Joel R Buchan	AR	VN
PA-1	0011-PA-1	Gary L Massey	AR	VN
PA-1	0190-PA-1	Mark W Kistler	AR	W2
PA-1	0190-PA-1	Edward W McElduff	NV	W2
PA-1	0190-PA-1	Joseph E Motil	AR	W2
PA-1	0190-PA-1	Andrew A Posivak	AR	VN
PA-1	0197-PA-1	Albert Lowros	MC	KR
PA-1	0197-PA-1	John C Wilson	AR	W2
PA-1	1777-PA-1	James M Burns	AR	VN
PA-1	1777-PA-1	George Day	AR	W2
PA-1	1777-PA-1	Clarence J Haldeman	AR	W2
PA-1	1777-PA-1	William Hewlings	AR	W2
PA-1	1777-PA-1	John G Hovanec	AR	W2
PA-1	1777-PA-1	Andrew J Jackson	AR	VN
SC-4	0402-SC-4	Michael S Evans	AR	VN
SC-4	2008-SC-4	Ransey Ray Bentley	AR	VN
TN-4	DML-TN-4	Hubert P Boyd	AR	W2
TX-5	0393-TX-5	Edward D Hazelton	AR	VN
TX-5	0553-TX-5	FG Crofford	AR	W2
TX-5	0612-TX-5	James E Gatlin Jr	AR	W2
TX-5	0867-TX-5	George Chappel	AR	VN
TX-5	0900-TX-5	Robert L Owens	AR	W2
TX-5	0900-TX-5	Lester Hiram Williams Jr	MC	VN
TX-5	1919-TX-5	Harold R Huth	AR	VN
TX-5	1937-TX-5	Olen G Holtz	MC	KR
TX-5	5077-TX-5	Stephen P Dietz	AR	VN
TX-5	DML-TX-5	Trent H Knudson	AR	KR
VA-1	1607-VA-1	Wayne Creasy	AR	VN
WV-2	0709-WV-2	Ben L Cappelletti	AR	KR
WI-2	0165-WI-2	Jerry W Hardy	AR	VN
WI-2	0165-WI-2	Orin G Stormoen	AR	W2
WI-2	0165-WI-2	Urban Werla	AR	W2
WI-2	DML-WI-2	Alphonse J Mroczenski	AR	KR
WI-2	DML-WI-2	James A Schaefer	AR	VN



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